FACTOR THAT AFFECTING WORK-LIFE BALANCE AMONG NURSES IN HOSPITAL ENCHE' BESAR HAJJAH KALSOM, KLUANG, JOHOR

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JUNE 2018 (SEMESTER 6)

ACKNOWLEDGMENT

First of all, I want to thanks to Allah S.W.T because give me His blessing, strength and idea to done this study and research also give me chances to gain new experience.

Special honor and appreciation goes to our lecturer, Madam Norshiba Norhisham, lecturer also advisor in UiTM Melaka City Campus for her continuous support, guidance, advice and immense knowledge during the completion of this research.

Besides that, our appreciation for my family that give me support to do this research and keep support me in physical, mental even in financial to completing this research paper.

These special thanks are also dedicated to all my friends, BM243 6B who also help a lot in this research. Without helps of the particular that mentioned above, I would face many difficulties while doing this report for Industrial Research subject.

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ABSTRACT

This study is conducted the factor that affecting work-life balance among nurses in government hospital. Researcher have distributed 120 questionnaire to the nurses and they submit back the questionnaires about 103 after they complete the questions. Data was evaluated by using Statistical Package for the Social Science (SPSS) version 20.0. The reliability of each variables was tested with working environment ($\alpha = 0.835$), perception about work-life balance ($\alpha = 0.738$), support from family ($\alpha = 0.772$), self-management ($\alpha = 0.915$) and work-life balance ($\alpha = 0.925$). Relationship of independent variables and dependent variables was tested by using Pearson's Correlation Analysis. Study was showed that all independent variables have positive relationship with dependent variable, which is significant at 0.000, less than 0.01.This research is to help organization managed and identify needs of their employees in aspect of work-life balance.

KEYWORDS: working environment, perception about work-life balance, support from family, self-management, work-life balance.

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