

**A RELATIONSHIP BETWEEN THE JOB PERFORMANCES AND
PHYSICAL ERGONOMICS AMONG EMPLOYEES AT SEKOLAH
MENENGAH SULTANAH HAJJAH KALSOM**

**PREPARED FOR:
MADAM SUHANOM BINTI MOHD ZAKI**

**PREPARED BY:
NURSHARA ARISHAH BINTI SAMSURI
BACHELOR IN OFFICE SYSTEMS MANAGEMENT (HONS)**

**UNIVERSITI TEKNOLOGY MARA (UiTM)
JENGKA PAHANG**

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ABSTRACT

The research title is “A relationship between the job performances and physical ergonomics among employees at Sekolah Menengah Sultanah Hajjah Kalsom. The objective of this study is to investigate employee job performance and to identify the most crucial dimension of physical dimension that gives impact to the employee’s job performance and physical ergonomics. The dimensions of physical ergonomics are office layout, working environment, furniture and equipment. The scope of the study is more to employee’s job performance at Sekolah Menengah Sultanah Hajjah Kalsom. Correlation types of research were used by researcher as the research design and sampling technique. This study focus on Sekolah Menengah Sultanah Hajjah Kalsom employee, who spent their time in the workstation and 56 respondents, was chosen randomly for the data collection. The researcher had analysed the independent variable (physical ergonomics) and dependent variable (job performance). The reliability test also was conducted due to measure the validity and the reliability of the questionnaires. The aims of this study is to identify their daily use of physical ergonomics and to know the relationships of their level job performance and from the findings there are several recommendations have been made to the organization and also for the future research purpose to achieve the goals of that company. Based on the finding of this research there is a significant relationship between job performances and physical ergonomics among employees in Sekolah Menengah Sultanah Hajjah Kalsom. In order to make some improvement to the employees, some recommendation and recommendation for future research was stated.

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NURSHARA ARISHAH BINTI SAMSURI 2012842106

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