

STUDY ON THE RELATIONSHIP BETWEEN WORK LIFE BALANCE AND JOB  
PERFORMANCE AMONG EMPLOYEES AT QUORUM MANAGEMENT SDN. BHD.

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JULY 2016

## **ABSTRACT**

The purpose of this study is to identify the dimensions of work-life balance affecting employee's job performance at Quorum Management Sdn. Bhd.. This study investigates three dimensions of work-life balance which are workload, work-family conflict and working hours.

The questionnaires had been distributed randomly to the employees at Pejabat Pembangunan Persekutuan Negeri Pahang in every department. The respondents for this study were 44 respondents, based on Krejcie & Morjie table for a given population. After collected the questionnaires from the respondents, the data had been analyzed by using Statistical Packages for the Social Sciences (SPSS) version 22 to get the results.

Based on the findings, most of respondents said that they faced work-life balance problem and between those 3 dimensions, they are all influence but the most influence to job performance among employees at Pejabat Pembangunan Persekutuan Negeri Pahang is work-family conflict.

## ACKNOWLEDGEMENT

First of all, I would like to thank to Allah SWT for giving me the strength, knowledge, inspiration, motivation and opportunities to complete the practical and complete this report as fulfilling the requirements of the subject Industrial Training (ASM 661).

Besides that, I want to give a special thanks to Madam Norlaili Binti Harun as my supervisor for all her time, guidance and encouragement, for all the good advises that she gave to me to make sure I can complete this subject with excellent. With her contribution, she inspired me greatly to complete this report. Without her guidance, I cannot finish my report successfully.

I would like to thank to my lecturer, Encik Mohd Amli bin Abdullah @ Baharom who are teach me the subject of ASM661 and ASM662. He gave me a lot of information about how to make a good report and providing so many tips and skills to complete the report.

Besides that, I would like to thank to my team, Nurul Atiqah binti Aziz and Farina Hafiza binti Mohd Fadzil, the guidance and the information that they gave to me. A lot of information that we have share during complete this report.

Finally, I also would like to thank to the important people in my life which is my parents,  
Thank you for all the advises and supports from  
the beginning until I can complete this report. They gave me a lot of motivation to support me.

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