

THE RELATIONSHIP BETWEEN WORK-RELATED STRESS
AND JOB PERFORMANCE AMONG STAFFS AT PEJABAT
DAERAH DAN TANAH TEMERLOH

SYAZATUL NABIHAH BINTI ABDULLAH

BACHELOR IN OFFICE SYSTEM MANAGEMENT (HONS.)
UNIVERSITI TEKNOLOGI MARA (UiTM)
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Syazatul Nabihah binti Abdullah
December 2016
Faculty of Business Management
Universiti Teknologi MARA Jengka Pahang.

TABLE OF CONTENTS

CONTENTS	PAGE
LIST OF TABLE	i
LIST OF FIGURE	ii
ABSTRACT	iii
 CHAPTER 1	
1.0 INTRODUCTION	1
1.1 Background of the Study	1
1.2 Problem Statement	3
1.3 Research Objectives	4
1.4 Research Questions	4
1.5 Hypothesis	
1.5.1 Research Hypothesis (H_A)	5
1.5.2 Research Hypothesis (H_0)	
1.6 Significance of the Study	5
1.7 Limitation of the Study	6
1.8 Definition on Terms	6
1.9 Chapter Summary	7
 CHAPTER 2	
2.0 LITERATURE REVIEW	8
2.1 Work-Related Stress	8
2.1.1 Workload	9
2.1.2 Poor Working Environment	9
2.1.3 Working Long Hours	10
2.1.4 External Interference	10
2.2 Job Performance	11
2.2.1 Job Satisfaction	12
2.3 Chapter Summary	13

CHAPTER 3

3.0	METHODOLOGY	14
	Introduction	14
	Research Design	14
	Sampling Frame	15
	Population	15
	Sampling Technique	15
	Sample Size	16
	Unit of Analysis	16
	Data Collection Procedure	16
	Survey Instrument	17
	Validity of Instrument	18
	Reliability Test	18
	Data Collection Procedure	19
	Plan for Data Analysis	19
	Conclusion	21
	Chapter Summary	21

CHAPTER 4

4.0	FINDING AND DATA ANALYSIS	22
4.1	Introduction	22
4.2	Rate of Survey Return	22
4.3	Reliability Test of Instrument	23
4.4	Test of Normality	25
4.5	Descriptive Statistic.....	26
	SECTION A: Demographic Background Information.....	27
4.6	Introduction	27
4.6.1	Gender	27
4.6.2	Marital Status	27
4.6.3	Job Position	28
4.6.4	Ages	29
4.6.5	Working Experience	29
4.7	SECTION B: Findings for Research Question	30

ABSTRACT

The purpose of this study is to examine the relationship between work-related stress and employee job performance at Pejabat Daerah dan Tanah Temerloh. Besides, the objective of this study is to identify the relationship between workload, poor working environment, working long hours, and external interference toward employee job performance. Apart from that, 50 questionnaires have been distributed to staffs at Pejabat Daerah dan Tanah Temerloh to achieve the objective of this study. All the data collected are analyzed using SPSS program. The finding shows the relationship of independent variables and the most influence variable that affect the dependent variables. The results of the finding are significant and there are positive relationships between cause of stress and employee job performance.