

GENDER DIFFERENCES THAT INFLUENCE EMPLOYEES TO WORK-RELATED STRESS AT PERBADANAN MEMAJUKAN IKTISAD NEGERI TERENGGANU (PMINT)

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ABSTRACT

This research aims are to study about the gender differences that influence employees to work-related stress at Perbadanan Memajukan Iktisad Negeri Terengganu (PMINT). There were six elements being studied which are nature of the job, work relationship, organizational role, career development, non-work factor and religious background. The type of research conducted was descriptive research. Other than that, the sampling techniques used to conduct this research were stratified sampling and sampling random. About 50 respondents which comprised of 25 males and 25 females involved and they were from every department at Perbadanan Memajukan Iktisad Negeri Terengganu (PMINT). Based on the findings it shows that, there was no difference between the level of stress between male and female employees at this organization. Other than that, the main elements which influenced work related stress among gender was the element of work relationship and it shows that this element was the most contributed to stress level among the employees. So, the organization should make the best solution to reduce this problem.

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TABLE OF CONTENTS

LIST OF TABLES	i
LIST OF FIGURURES	ii
CHAPTER 1	1
INTRODUCTION	1
Background of the Study.....	1
Problem Statement	4
Research Objectives.....	7
Research Questions.....	7
Hypothesis	7
Significance of the Study	9
Limitation of the Study	10
Terminologies	11
CHAPTER 2	12
LITERATURE REVIEW	12
Literature Review	13
Factors that influence gender lead to work-related stress	15
Religious or Spiritual background reduce the stress	17
CHAPTER 3	19
METHODOLOGY	19
Overview	19
Research Design	19
Sampling Frame	20
Population	20
Sampling Techniques	20
Sample Size	21
Unit of Analysis	21
Data Collection Procedures	21
Results	21
Validity of Instrument	22
Data Analysis	22
Reliability Test	23
CHAPTER 4	24
FINDINGS AND DISCUSSIONS	24

4.0 Introduction	24
4.1 Survey Return Rate	25
4.2 Section A: Demographic Background	26
4.3 Section B: The five Elements	32
4.3.1 Nature of the Job	33
4.3.2 Work Relationship	35
4.3.3 Organizational Role	36
4.3.4 Career Development	37
4.3.5 Non-work Factor	39
4.4 Section C: Religious Background	40
4.5 Summary findings	41
CHAPTER 5	48
CONCLUSIONS AND RECOMMENDATIONS	48
5.0 Introduction	48
5.1 Conclusions	48
5.2 Recommendations for Future Research	51
References	52
Appendices	56