

UNIVERSITI TEKNOLOGI MARA

**STRESS AND PHYSIO-PSYCHO-SOCIAL
SYMPTOMS AMONG NURSING STUDENT
DURING CLINICAL POSTING**

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STRESS AND PHYSIO-PSYCHO-SOCIAL SYMPTOMS AMONG NURSING STUDENTS UNIVERSITI TEKNOLOGI (UiTM) MARA PUNCAK ALAM DURING CLINICAL POSTING

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ABSTRACT

BACKGROUND: Clinical posting becomes one of a major source of stress among undergraduate nursing students in most of the country. Nursing students entering the real hospital area with lack of knowledge and nursing skills, all of which can cause stress and affect their health. This research is performed to determine the level of stress and physio-psycho-social symptoms that occur among nursing students in UiTM Puncak Alam during clinical practice.

AIM & OBJECTIVES: The aim of this study is to assess level of stress and physio-psycho-social symptoms among nursing students in University Teknologi MARA (UiTM) Puncak Alam during clinical posting through the following objectives: 1 - to identify the level of stress among nursing students in UiTM Puncak Alam during clinical posting. 2 - to determine the level of physio-psycho-social symptoms among nursing students in UiTM Puncak Alam during clinical posting. 3 - to investigate the association between the level of stress and students demographic factor among nursing students in UiTM Puncak Alam during clinical posting.

CHAPTER ONE

INTRODUCTION

1.1 Introduction

In this chapter, it stresses on the background of the study entitled Stress and Physio-psycho-social symptoms among nursing students in UiTM Puncak Alam during clinical posting. Here, the researchers focused on the details of the background and the statement of the problem regarding stress among nursing students UiTM Puncak Alam during clinical posting. During the study, the researchers develop a few research questions and hypothesis to be tested. There are also significance of study, the operational definition of a term and the scope of the study.

1.2 Research Background

In nursing curriculum, nursing students need to fulfill their clinical and theoretical courses in order to prepare them to become professional and competent nurses in future. In University Technology MARA (UiTM) Puncak Alam, Kuala Selangor, a nursing curriculum is composed of three years for Diploma program and four years for a Degree program. Students either Diploma or Degree have to complete theoretical session in the classroom or laboratory for about 10 weeks and another 6 weeks in a clinical setting for one semester in average. They will be provided with all information regarding facts, diseases, and all nursing procedures during lectures. Then, they will be trained to apply their knowledge in the clinical placement with the actual patients.