



UNIVERSITI TEKNOLOGI MARA

FFT122: CREATIVE MOVEMENT

Course Name (English)	CREATIVE MOVEMENT APPROVED
Course Code	FFT122
MQF Credit	3
Course Description	This course exposes students to develop physical skills, channel energy, stimulate imagination and promote creativity. Creative movement uses body actions to communicate an image, communicate an idea or communicate a feeling. Creative movement provides student with opportunities for noncompetitive success-oriented and created experiences through projects. It focuses on the effectiveness of creative movement in developing the mind and sensory, stimulating a person's thinking abilities as well as physical and spiritual growth. The course also combines the knowledge of anatomy biomechanics, nutrition, and contemporary movement to enhance the student knowledge to become skillful and well prepared, mentally, emotionally, and physically.
Transferable Skills	Artistic Skills, Creative Thinking Skills, Organizational Skills
Teaching Methodologies	Lectures, Blended Learning, Studio
CLO	CLO1 Apply creative movement lessons to reflect their learning experience as part of the fundamentals of drama and theatre CLO2 Manipulate the body to perform simple choreography as a fundamental skill for a performer CLO3 Commit to the discipline and passion as a trained performer in future production involvement
Pre-Requisite Courses	No course recommendations
Topics	
1. 1. Fundamentals of Creative Movement 1.1) • Warming Up 1.2) • Cooling Down	
2. 2. Locomotor 2.1) Mobility and strength exercise	
3. 3. Nonlocomotor 3.1) Mobility and strength exercise	
4. 4. Space 4.1) • Place 4.2) • Size 4.3) • Level	
5. 5. Space 5.1) • Direction 5.2) • Pathway 5.3) • Focus	
6. 6. Time 6.1) • Speed 6.2) • Rhythm	
7. 7. Force 7.1) • Energy 7.2) • Weight 7.3) • Flow	

8. 8. Creative Process 8.1) Planning a performance
9. 9. Body 9.1) • Parts 9.2) • Shapes 9.3) • Relationship 9.4) • Balance
10. 10. Choreographic Forms 10.1) • ABA 10.2) • Suite 10.3) • Recurring Theme 10.4) • Abstract 10.5) • Narrative
11. 11. Choreographic Forms 11.1) • Broken Form 11.2) • Chance Dance
12. 12. Coordination 12.1) Choreography work 1
13. 13. Style 13.1) Choreography work II
14. 14. Composition 14.1) Choreography work III

Assessment Breakdown	%
Continuous Assessment	100.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	Assignment 1	30%	CLO2
	Assignment	Assignment 2	30%	CLO1
	Final Project	Final Project	40%	CLO3

Reading List	Recommended Text	• Anne Green Gilbert 2015, <i>Creative Dance for All Ages</i>
	Reference Book Resources	<ul style="list-style-type: none"> • Marcia L Lloyd 2014, <i>Creative Dance A Manual for Teaching All Ages</i> • Friedman, Lise Alvin Ailey 2014, <i>Dance Moves: A New Way to Exercise</i> • Craig, David 1999, <i>A Performer Prepares: A Guide to Song Preparation for Actors, Singers and Dancers</i> • Fitt, Sally Sevey 1996, <i>Dance Kinesiology</i>
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	