



UNIVERSITI TEKNOLOGI MARA

FFT121: PHYSICAL THEATRE

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| Course Name (English) | PHYSICAL THEATRE APPROVED |
| Course Code | FFT121 |
| MQF Credit | 3 |
| Course Description | This course introduces students to the basic principles and fundamentals of physical theatre, a performance style incorporating, to the dance movement, puppetry, mask work and mime. The course will combining the theatrical elements of narrative and characterization with non-verbal expressions. Finally the course will using the body as the primary instrument and emphasize the creation of contemporary physical theatre performance. |
| Transferable Skills | Planning, Organizational, Performing |
| Teaching Methodologies | Practical Classes, Workshop, Performance |
| CLO | CLO1 Demonstrate the basic fundamentals of style of movements and mime in physical theatre CLO2 Manipulate the theatrical elements of narrative and characterization with non-verbal expressions CLO3 Express the emotions through the dynamics of the body in creating the contemporary physical theatre performance |
| Pre-Requisite Courses | No course recommendations |
| Topics | |
| 1. 1.Movement Preparation for Performance 1.1) Body Preparation 1.2) Warm Up | |
| 2. 2. Breath Work 2.1) Posture | |
| 3. 3. Stage Composition 3.1) Actor 3.2) Object 3.3) Space | |
| 4. 4. Connecting The Body 4.1) Gesture | |
| 5. 5. Observation The Body 5.1) Bodyworks | |
| 6. 6. Connecting with the body 6.1) Exploring and forming your own style | |
| 7. 7. Contact 7.1) Personal Space Exploration | |
| 8. 8. Contact Improvisation 8.1) Partner Work | |
| 9. 9. Physical Action 9.1) Counterweight Exercise | |
| 10. 10. Physical Body in Space 10.1) Body Coordination | |
| 11. 11. Body as text 11.1) Being Spontaneous, Creative and Safe | |

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| 12. 12. Mapping the body 12.1) Transforming the character |
| 13. 13. Context for improvisation 13.1) Transforming the character |
| 14. 14. The sense of Movement 14.1) The Body as Instrument |

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| Assessment Breakdown | | % | | |
| Continuous Assessment | | 100.00% | | |
| Details of Continuous Assessment | Assessment Type | Assessment Description | % of Total Mark | CLO |
| | Assignment | n/a | 30% | CLO1 |
| | Assignment | n/a | 30% | CLO2 |
| | Final Project | n/a | 40% | CLO3 |
| Reading List | Recommended Text | <ul style="list-style-type: none"> • Simon Murray and John Keefe 2015, <i>Physical Theatre : A Critical Introduction</i>, 2nd Ed., Routledge [ISBN: 1138782105] | | |
| | Reference Book Resources | <ul style="list-style-type: none"> • Vanessa Ewan,Debbie Green 2015, <i>Actor Movement</i>, Bloomsbury Publishing [ISBN: 9781408134412] • Constance A. Schrader 2005, <i>A Sense of Dance</i>, Human Kinetics [ISBN: 0736051899] • Christian Darley, <i>The Space to Move</i> [ISBN: 9781848420243] | | |
| Article/Paper List | This Course does not have any article/paper resources | | | |
| Other References | This Course does not have any other resources | | | |