



UNIVERSITI TEKNOLOGI MARA

SED655: LEADERSHIP IN OUTDOOR EDUCATION

Course Name (English)	LEADERSHIP IN OUTDOOR EDUCATION APPROVED
Course Code	SED655
MQF Credit	3
Course Description	This course is designed to provide a fundamental understanding of the basic outdoor education, the models and theories in outdoor education and the outdoor education settings. This course will help students to understand the key elements of effective outdoor education and leadership roles in leisure and recreation as well as the process to organize outdoor activities and experience it.
Transferable Skills	Fitness Skills Knotting Skills Life Saving Skills Survivor Skills
Teaching Methodologies	Microteaching, Practical Classes, Presentation
CLO	CLO1 Explain the breadth and diversity of the outdoor education field and leadership roles CLO2 Demonstrate new skills while taking part in a variety of outdoor activities CLO3 Organize an outdoor education program with leadership approaches in a class project
Pre-Requisite Courses	No course recommendations
Topics	
1. Foundations of Outdoor Education 1.1) A) Theories and Foundations in Outdoor Education 1.2) B) A Model of Outdoor Education	
2. Outdoor Leaders 2.1) A) Core competencies for Outdoor Leaders 2.2) B) Describing the Outdoor Educator 2.3) C) Creating the Learning Environment	
3. Outdoor Leadership Skills 3.1) A) Safety sense and Risk management Instructional Strategies 3.2) B) Group Development 3.3) C) Decision Making 3.4) D) Problem Solving 3.5) E) Effective Communication 3.6) F) Leadership Ethics	
4. Leadership Styles 4.1) A) Leadership Style 4.2) B) Leadership Behaviour 4.3) C) Leading according to Age Groups	
5. Specific Recreation Leader Proficiencies 5.1) A) Outdoor Education Settings 5.2) B) Teaching Recreation Skills 5.3) C) Motivating for Activity Participation 5.4) D) Understanding Participants 5.5) E) Strategies for Teaching Diverse Audiences 5.6) F) Facilitating Recreation Behavior 5.7) G) Managing Problematic Participant Behavior	

6. Safety Guidelines For Outdoor Recreational Activities

- 6.1) A) Hiking And Camping
- 6.2) B) Mountaineering, Rock/Wall Climbing, Abseiling, Rappelling
- 6.3) C) Water, Air, Jungle
- 6.4) D) Knotting

7. Methods, and Delivery of Outdoor Education

- 7.1) A) Physical Methods
- 7.2) B) Cognitive Methods
- 7.3) C) Affective Methods

8. Issues and Trends in Outdoor Education

- 8.1) N/A

Assessment Breakdown	%
Continuous Assessment	100.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	Individual Assignment	20%	CLO1
	Group Project	Outdoor Recreation's Leadership Camp	40%	CLO3
	Presentation	Peer Teaching	20%	CLO2
	Test	Practical Test	20%	CLO2

Reading List	Recommended Text	• Gilbertson, K., Bates, & T., McLaughlin, T. 2006, <i>Outdoor Education: Methods and Strategies.</i> , Human Kinetics
	Reference Book Resources	<ul style="list-style-type: none"> • Cook, T. S. 2007, <i>Outdoor Leadership-The Noble Gift- A practical guide for outdoor leaders.</i>, 2007 Ed., Deeper Vision Publishers • Russel, R.V. 2012, <i>Leadership in Recreation</i>, 4th Ed., Sagamore Publishing • Ewert, A. & R. Sibthorp, J. 2014, <i>Outdoor Adventure Education: Foundations, Theory and Research</i> • Kathlee A. Cordes, Hilmi M. Ibrahim 2003, <i>Applications in Recreation and Leisure</i>, McGraw Hill Higher Education
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	