

OPENING AND OFFICIATING SPEECH

Yang Berbahagia
Prof. Datuk Dr Hajah Roziah Mohd Janor
Vice-Chancellor
Universiti Teknologi MARA

**1st International Conference on Food, Nutrition &
Health (ICFNH) 2023**

19-20 September 2023
(Recording on 30 August 2023)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Yang Berbahagia

Dr Mohd Ramadan bin Abd Hamid

Chairman

The 1st International Conference on Food, Nutrition, and
Health (ICFNH) 2023

Co-organisers from:

Universiti Muhammadiyah Surakarta (UMS),

IPB Bogor University Indonesia, and

Universitas 'Aisyiah Yogyakarta (UNISA), Indonesia

Distinguished speakers, guests, and participants.

Salutations

(To be confirmed by the organiser on the day of the event)

Assalamualaikum Warahmatullahi Wabarakatuh.
Salam Sejahtera and greetings to everyone.

1. Alhamdulillah, praise be to Allah S.W.T for His continuous grace and blessings which permit us to gather virtually on this momentous occasion.
2. A very warm welcome to all participants and esteemed guests from near and far to the **1st International Conference on Food, Nutrition & Health (ICFNH) 2023.**
3. I would like to also extend my gratitude to all individuals who have graciously dedicated their time to be present at this auspicious event as we commemorate our scholarly collaboration and foster avenues for exchanging ideas and establishing professional connections.

4. Congratulations to the **Faculty of Health Sciences, UiTM** for the successful coordination and organisation of the inaugural **ICFNH 2023**.

Ladies and gentlemen,

5. The **1st International Conference on Food, Nutrition, and Health** marks a significant milestone in the field of health sciences.
6. The conference, contingent upon the support and collaboration of the co-organisers, has successfully convened a diverse group of committed participants comprising researchers, academics, healthcare professionals, students, and industry representatives, hailing from various regions across the globe.
7. **ICFNH 2023** serves as a forum for researchers to disseminate their research findings in the domains of food, nutrition, and health.

8. Additionally, it facilitates the establishment of connections and collaborations in research and education among universities on a global scale.
9. This year's theme – "**Curating Health Through Nutrition: A Shared Responsibility**" aims to encourage participants to address contemporary health concerns pertaining to food and nutrition.
10. The objective is to emphasise the significance of adopting a daily healthy lifestyle, particularly in terms of dietary choices, as a means of combating various diseases.
11. Given the escalating prevalence of chronic diseases and non-communicable diseases, it is imperative to underscore the significance of nutrition.

12. The health of the global population is currently jeopardised due to the proliferation of diverse supplements, ideologies, health routines, and the dissemination of unhealthy content on social media platforms.
13. Hence, **ICFNH 2023** provides an excellent avenue for the dissemination of the latest and most reliable research findings.

Ladies and gentlemen,

14. Research is a significant indicator of advancement, as it fosters innovative thinking that enables researchers and students to delve into various perspectives or domains.
15. Regardless of the outcomes, such endeavours contribute to the development of novel products, the revitalisation of strategies, or the discovery of alternative problem-solving approaches, all of which serve to enhance knowledge at various levels.

16. Hence, it is imperative to continue fostering the growth of young individuals' cognitive abilities, particularly in the realm of critical thinking, through the cultivation of diverse research domains and the facilitation of researchers' capacity for analytical thought and innovative thinking.
17. Moreover, these skills and abilities which are to be instilled in our students and young researchers are indicators of **Quality Education** provided by the university.
18. Participants of the conference should, therefore, utilise this occasion to disseminate and acquire novel knowledge, which may be employed as our collective response to prevailing global challenges and offer imperative measures for future progress.

Ladies and gentlemen,

19. I anticipate that the conference will foster personal development among attendees and lead to meaningful contributions.
20. Once again, I would like to extend my heartfelt congratulations to the organisers, co-organisers, and committees of ICFNH 2023, headed by **Dr Mohd Ramadan Abd Hamid**, for the successful execution of the event.
21. My best wishes to all participants. Have a productive and pleasant experience during this two-day conference.

**Without further ado,
with *Bismillahirrahmanirrahim*,
I officiate the 1st International Conference on Food,
Nutrition, and Health 2023.**

Thank you.

**Wabillahi Taufiq Walhidayah Wassalamualaikum
Warahmatullahi Wabarakatuh.**