



**UNIVERSITI TEKNOLOGI MARA**

**PMG418: RECREATION AND LEISURE**

<b>Course Name (English)</b>	RECREATION AND LEISURE <b>APPROVED</b>
<b>Course Code</b>	PMG418
<b>MQF Credit</b>	3
<b>Course Description</b>	This subject introduces the student to the theories and principles of recreation and leisure. This includes the definition, history, types and development of recreation and leisure. In addition, this subject will be emphasized the relation towards between the development and conserving the nature.
<b>Transferable Skills</b>	Demonstrate ability to identify and articulate self skills, knowledge and understanding confidently and in a variety of contexts.
<b>Teaching Methodologies</b>	Lectures, Tutorial, Discussion, Presentation
<b>CLO</b>	CLO1 Apply the theories and principles of recreation and leisure in park and amenity management. CLO2 Demonstrate the relationship between recreation and leisure within park and amenity management. CLO3 Identify the recreation and leisure in human life.
<b>Pre-Requisite Courses</b>	No course recommendations
<b>Topics</b>	
<b>1. INTRODUCTION</b> 1.1) Principles of recreation and leisure in a changing society 1.2) Managing recreation and leisure needs	
<b>2. LEISURE AND THE NEEDS OF PEOPLE - Play, children and the community</b> 2.1) n/a	
<b>3. LEISURE AND THE NEEDS OF PEOPLE - Recreation</b> 3.1) n/a	
<b>4. LEISURE AND THE NEEDS OF PEOPLE - Leisure towards a philosophy and understanding of its evolution</b> 4.1) n/a	
<b>5. LEISURE TRENDS</b> 5.1) Trends in the leisure industry 5.2) Planning for leisure	
<b>6. LEISURE PROVISION</b> 6.1) Leisure provision in public sector 6.2) Leisure provision in the voluntary sector 6.3) Leisure provision in the commercial sector	
<b>7. MANAGEMENT OF LEISURE - Management principle and foundation</b> 7.1) n/a	
<b>8. MANAGEMENT OF LEISURE - Management Theories - Programming leisure and recreation services and facilities</b> 8.1) n/a	
<b>9. MANAGEMENT OF LEISURE - Marketing of Leisure and Recreation</b> 9.1) n/a	
<b>10. MANAGEMENT OF LEISURE - Staffing and Staff Structures - Leadership and decision making</b> 10.1) n/a	

<b>11. MANAGEMENT OF LEISURE - Leisure and Recreation Management, Education and Training.</b> 11.1) n/a
<b>12. MANAGEMENT OF LEISURE - Towards Effective Leisure and Recreation Management.</b> 12.1) n/a
<b>13. THERAPEUTIC RECREATION</b> 13.1) Becoming part of a profession 13.2) Becoming a helper 13.3) Management of Therapeutic recreation in community setting
<b>14. CURRENT ISSUES</b> 14.1) Current Issues

Assessment Breakdown	%
Continuous Assessment	40.00%
Final Assessment	60.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Group Project	To be carried out in groups.	15%	CLO3
	Individual Project	This is an individual task.	10%	CLO3
	Presentation	Individual Presentation	5%	CLO2
	Test	A test & Quiz will be conducted in class. Students will be informed a week before the test to prepare.	10%	CLO1

Reading List	Recommended Text	<ul style="list-style-type: none"> <li>George Torkildsen 1999, <i>Leisure and Recreation Management</i>, 4th Ed., Spon Press [ISBN: 978-041922940]</li> </ul>
	Reference Book Resources	<ul style="list-style-type: none"> <li>George D. Butler 2007, <i>Introduction to Community Recreation</i>, Mason Press Singapore [ISBN: 1406717649]</li> <li>Max Kaplan 1975, <i>Leisure</i>, Charles C Thomas Pub Limited New York [ISBN: 0398045518]</li> <li>O'Connell, Timothy S., Cuthbertson, Brent, Goins, Terilyn J. 2014, <i>Leadership in Recreation and Leisure Services</i>, Human Kinetics US [ISBN: 0736095314]</li> <li>Daniel D. McLean, Amy R. Hurd, Nancy Brattain Rogers 2007, <i>Kraus' Recreation and Leisure in Modern Society</i>, Jones &amp; Bartlett Learning US [ISBN: 0763749591]</li> <li>William C. Gartner, David W. Lime 2000, <i>Trends in Outdoor Recreation, Leisure, and Tourism</i>, CABI US [ISBN: 0851994032]</li> </ul>
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	