### UNIVERSITI TEKNOLOGI MARA

### FACULTY OF ADMIISTRATIVE SCIENCE AND POLICY STUDIES



# A STUDY ON THE IMPORTANCE OF MAINTAINING WELL- DESIGNED PLAYGROUND IN REDUCING PARENTAL CONCERNS

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#### **CHAPTER 1**

#### INTRODUCTION

#### **1.1 BACKGROUND OF THE STUDY**

A playground is a place that have been designed especially for children. The colourful playground can attract the children to spend their leisure time to play with others. It is also the place where the children can have interaction with other people especially in the range of their age. It is also the place where the children can have interaction with the other people especially in the same range of their age. It is the important area for the children to enjoy their leisure time and participate freely in doing physical activities with their family and friends.

Play is important in order to develop the social patterns of behaviour which allow children to interact with their peers. Public playground is a part of play environment for children (C Norton, J Nixon, J R Sibertt, 2004). In order to develop better behaviour of children, they should be exposed with safe play of environment in order for the children to adapt better life and growing environment. Playing at the safe place will lead the children to have better future as they are not being exposed to unsafe environment.

Children are in the phase of growing. They should be exposed with safe environment especially at their play area. Well-designed playground will help the children to develop their skills and also increase their social interaction among other people. Mostly, playground are designed for children age from 2 years old until 12 years old. This is where they are in the phase on wanted to know and try everything especially in term of interaction, self-behaviour and so on. Playgrounds that promote different types of play are vital for child cognitive, physical and social skills, emotional intelligence, independence, self-esteem and self-confidence. Without a good range of play opportunities, the children may lose the chances to develop themselves (Afsharlahoori, 2007).

#### **CHAPTER 2**

### LITERATURE REVIEW & CONCEPTUAL FRAMEWORK

#### 2.1 LITERATURE REVIEW

This chapter focuses on the on the literature review of the study on the importance of welldesigned children's playground in reducing parental concerns.

#### **2.2 INTRODUCTION**

Play is a part of child's life. It fosters creativity, imagination, social connection and learned behaviours. Play is the activity which can be defined as 'a range of voluntary, intrinsically motivated activities that are normally associated with pleasure and enjoyment' (Parsons, 2011). Play is one of important element to the development of the children. It is vital for the children to be actively involved to various activity so that it can boost their inner skill.

Many child sociologists and psychologists believe that play can serve as a type of therapy which allow children who suffer from high-stress situation to recover. High stress situation that can be suffered by the children such as traumas, emotional issues, family stresses, at school problems and so on. Children should not be suffered this kind of issue as they are still in their developing phase. They should have better lifestyle so that it would not affected their developing phase. They should have better lifestyle place to stay (Parsons, 2011).

According to Ahmad Sid Hijjaz Md Saaid and Ahmad Sanusi Hassan, the importance of playground to the children is undoubted. A children's playground is a place in the open air where playground equipment is installed and intended to be used by the children. This places will be used by the children to play, to develop competence and a positive sense of self. Playing is the best tool for children to discover their life. However, is it the playground that being installed and built have fulfil the specification and the measurement on the safety for the children? The negligence on the importance of well-designed playground to the children will make the children's playground become a site of potential accidents. Due to this, it has come across to the parental concern on letting their children to play at the playground have tendency of issue that may be happened to the children (Ahmad Sid Hijaz and Ahmad Sanusi Hassan, 2014).

#### **CHAPTER 3**

### **RESEARCH METHODOLOGY**

#### **3.1 INTRODUCTION**

In this chapter will explain on the research design, level of the analysis, sample size and sampling technique. Other than that, this chapter will also explain on the data measurement, data collection, data analysis, descriptive analysis and also testing of the hypotheses.

#### **3.2 RESEARCH DESIGN**

The objective of research design is to describe the importance of maintaining welldesigned playground in reducing parental concerns. This study will be using sample survey to gain the parents perception towards the well-designed playground and also we can also determine the parental concern with regard to the children playground. This is important to gather the information on what factor that parents concerns towards the playground. All the data needed from the respondents will be collected and obtained as our information will be distributed in term of questionnaire by hand and also through monkey survey. Type of investigation in our study are quantitative because we want to look for cause and effect of welldesigned playground towards parent concern. Meanwhile, through these we can make our own prediction which type of playground that mostly choose by parents whether indoor or outdoor playground such as through questionnaire. Our research design will be cross-sectional study where we distribute the questionnaire only once time or collect data once. The data will be collected from parents with below 15 years old from Kota Samarahan area.

Hence, we use primary and secondary data to collect the research findings. Primary data are obtained from the questionnaire that will be distribute at the playground area at Kota Samarahan while secondary data are obtained from the sources such as internet, journal and research article.