



e-Lingua

Academy of Language Studies
UiTM Gawangan Pulau Pinang

January 2024

Table of Content



<u>Chief Editor's Desk</u>	<u>2-5</u>
<u>News & Reports</u>	<u>6-19</u>
<u>Language Club News & Reports</u>	<u>20-24</u>
<u>Self-love First</u>	<u>25-32</u>
<u>Travel & Leisure</u>	<u>33-41</u>
<u>Home Garden</u>	<u>42-45</u>
<u>Teaching & Learning</u>	<u>46-54</u>
<u>Lecturer's Contribution</u>	<u>55-72</u>
<u>Creative Corner</u>	<u>73-83</u>
<u>The Team</u>	<u>84</u>

from the

LECTURERS

Tossing Yee Sang

58

Mastering the art of netball

59

My Switzerland trip

61

Harga sebutir "painkiller"

62

Noël

65

Kembara karomah

66

Menangani tekanan di kalangan ibu bekerja

71



Noël - Christmas

“ Joyeux Noël ”
“ Merry Christmas ”



Galette des Rois

During Christmas, the French people can enjoy shopping in Christmas markets, particularly a big Christmas market in Les Champs-Élysées. Even in a small town, you can also find Christmas markets there. French people usually have a Christmas meal on the 24th of December, Christmas Eve or le Réveillon de Noël in French. After Christmas Eve, the most exciting moment for kids is waiting for the gifts. For kids to receive a gift in France, shoes must be left in front of the fireplace, near the windows or the Christmas tree, instead of hanging stockings by the fireplace. French kids believe Father Christmas (Père Noël) will fill the shoes with gifts.



Père Noël



Bûche de Noël

There are many different ways to celebrate Christmas in France due to regional differences and personal preferences, especially regarding food! Generally, the starter in the Christmas meal will be seafood, and the main meal will be Christmas turkey. The dessert will be a Yule log (Bûche de Noël), a chocolate Swiss roll that looks like an actual log. In Provence, thirteen desserts will be served in the Christmas meal!

References

Alliance Française de San Francisco. (n.d.). Four French Christmas Traditions that might Surprise You! <https://www.afsf.com/news/blog/bculture/four-french-christmas-traditions-that-might-surprise-you/>

Babylangues Paris. (n.d.). Le Réveillon De Noël - christmas Eve. <https://job-in-france.babylangues.com/french-traditions/le-reveillon-de-noel/>

