UNIVERSITI TERMOLOGI MARA FAKULTI SAINS PENTADDIRAN DAN PENGAMAN POLISI



FACTORS THAT INFLUENCE THE COMMENCEMENT OF SMOKING AMONG THE YOUTHS

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APRIL 2006

Acknowledgement

First and foremost, we would like to express our deepest gratitude to Allah S.W.T who makes all things possible and gives me the desire, ability, opportunity and the motivation to complete this report on time.

This report would not have possible without the help, advice, cooperation and commitment of various individuals. On top of the list, we would like to express our sincere gratitude and deep appreciation to our research lecturer, Prof. Dr. Hj. Hazman Shah Abdullah, and our supervisor Puan Yusliza Mohd Yusoff for invaluable guidance, contribution and encouragement. Their help is deeply appreciated.

We also wish to extend our thanks to our parents and family for their continue support, prayers and faith in us too.

For our friends who always motivate and support us especially in times of difficulties, thank you.

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ABSTRACT

increasing prevalence of youths smoking demonstrates the need to identify the commence age of smoking and the factors that influences the commencement age of smoking among the youths. Age of smoking initiation was earlier among those youths who have availability to spend money, peers, parents, siblings and relatives were smokers, besides, parent's approval to smoking and exposed to cigarette advertisement. This study apply from various analysis include descriptive statistics, frequency, normality test, correlation and T-test. Using data from 110 respondents of male students at UiTM Shah Alam, this study has come out with several results. First, the result suggests that the average age of commencement of smoking was around 15 years old, while, the availability to spend money on cigarettes, parent's approval, parents smoking, relatives and sibling smoking did not influence vouths to start smoking. Furthermore, peers smoking habit and cigarette advertisement also indicated negative relationship with commencement of smoking among youths.

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