

Cawangan Negeri Sembilan Kampus Seremban

FACULTY OF SPORTS SCIENCE AND RECREATION

"Where sports and knowledge come together"

Fakulti Sains Sukan Dan Rekreasi

FSR@S₃ e-BULLETIN

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In conjunction with student association





UITM LIONS LEAGUE

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SHAH ALAM- UiTM Sports Center organized an event for all students, - the "UiTM sports league" for two days from the 16th -18th May 2023. The Sports and Recreation Faculty's primary focus of the activity is physical exertion and skill, with aspects of competition, where rules and patterns of behaviour governing the activity exist formally through organizations and is typically recognized as a sport. The aim of the event is to make sure students involve themselves in sports and lead a healthy lifestyle. Students can also reduce stress from studying by participating in this tournament. The objective of the event is to produce and discover young players' potential so that they can be showcased at a higher level, as well as locate backups to existing players to be incorporated into UiTM FC's main team.

The vision of the event is to promote a healthy way of life among students. Next, the mission of the event is to boost the competitive spirit among UiTM students and encourage other students to compete in sports. The competition took place at the UiTM Shah Alam synthetic field, and a total of 12 teams competed. The winner received a cash prize as well as a medal for the championship prize of RM1000. It is hoped that this competition will continue in the future with a more colourful celebration and that it will attract the attention and sponsorship of external organizations or non-governmental organizations (NGOs). Throughout the event, there was a very lively celebration at the match venue. The students gave strong support to the competing teams. This league attracted a lot of response from students who went in droves to the match venue because the competing teams were all good.





Picture 1: Photos compilation during the event