

Cawangan Negeri Sembilan Kampus Seremban

## FACULTY OF SPORTS SCIENCE AND RECREATION

"Where sports and knowledge come together"

Fakulti Sains Sukan Dan Rekreasi

# FSR@S<sub>3</sub> e-BULLETIN

### 1<sup>ST</sup> EDITION

YEAR 2023

In conjunction with student association





#### **"SAYANG SAYANG DISAYANG" PROGRAM**

Nur Alya Natasha Binti Mohd Nazeri & Noor Lina Binti Mohd Hisam Faculty of Sports Science & Recreation

"Sayang Sayang Disayang" Program was organized by students in the 3rd semester of the Bachelor of Sports Science (Honours), Faculty of Sports & Recreation Science UITM Negeri Sembilan Branch, Seremban Campus in collaboration with Sekolah Menengah Kebangsaan Cheras Jaya on 29 November 2022 from 7 am until 1 pm. The program took place at SMK Cheras Jaya, Selangor with a total of nearly 80 disabled students. The purpose of this program is to make the community out there aware of the goal to be achieved, which is to share and reveal details of Recreation for Persons with Disabilities. Each participant was given exposure to understand Disabled People, especially when related to basic knowledge of camping-themed recreation such as how to set up a tent, how to use first aid, knotting and exploring. The exposure to these activities is not often and readily available.

#### Donations to launch the program

For the purpose of achieving the program's goals, a collection for donations from lecturers, students, and the general public was made directly to this program. This program's aim is not just to help students with disabilities to learn more, but also to raise community awareness of how important it is to pay attention to, and educate this population. By holding the "Sayang Sayang Disayang" Program, we can establish good relationships, create awareness and give exposure to outside parties that Recreation is for everyone, including children with special needs. It can also provide opportunities for students to gain new experiences and develop interaction skills with students with special needs. The school gave positive feedback on the activities that were carried out in the program and also asked if we could conduct a similar program with them in the future.





Picture 2: Photo during the event