

Cawangan Negeri Sembilan Kampus Seremban

## FACULTY OF SPORTS SCIENCE AND RECREATION

"Where sports and knowledge come together"

Fakulti Sains Sukan Dan Rekreasi

# FSR@S<sub>3</sub> e-BULLETIN

### 1<sup>ST</sup> EDITION

YEAR 2023

In conjunction with student association





#### **VELIT OUTDOOR FINAL CAMP**

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The Outdoor Recreation Skills and Management course (SMG161), which is entirely focused on teaching and learning principles to produce high-caliber students, employs this program as a practical syllabus activity in the final evaluation. The framework of this program places an emphasis on techniques and skills for carrying out outdoor training or leisure activities, which is an educational concept extremely beneficial for human growth. The implementation of this program will give students the chance to expand their knowledge of outdoor recreational activities and make sure they have the necessary experience, abilities, and training. This is crucial because the students will eventually work in this field, either as part of their careers or as part of their industrial training. Practical outdoor recreation is defined as any sort of leisure time spent in a setting other than a classroom. This program concentrates on a variety of outdoor recreational activities, including kayaking, orienteering, navigation, trekking, living in nature, tying, and knotting, camping crafts, and rope activities. It is hoped that a program like this can promote students' high fighting spirit, integration, communication, and motivation.

This camp was held at I-AQUAS Teluk Kemang in Port Dickson and lasted from the 26<sup>th</sup> of December 2022 to January 1st 2023. The camp's final was attended by 135 people in total. They spent their time at the camp learning from and engaging in activities, as well as developing new experiences and skills related to sports marketing mix's 4Ps in categories as product/service. The students each paid RM 150 for the camp, the camp participants gained a lot of experience through participating in 8 activities over 7 days and 6 nights. At the same time, the participants learned kayaking, mountain biking, abseiling, using low ropes, and survival skills from the camp facilitator. The participants involved in these activities might not ever get another chance as this as any other organization or company out there might not offer such great deals as this. This is because their focus is mainly profitmaking rather than imparting quality knowledge to the participants.

In conclusion, the final camp gave the participants an unforgettable experience filled with adventure, personal growth, and lasting memories. This camp provided the students with the opportunities to connect with nature, build self-identity and develop valuable skills that extend beyond the four walls of the classroom. Overall, the outdoor recreation final camp has been a good experience that has equipped the students with essential life skills.



Picture 1: Picture of the participants



Picture 2: Photos taken during the activities