



Playing  
with Words



VOICE  
of the  
Soul

Volume II

ANTHOLOGY OF POEMS

**Compilation of Poems:  
Universiti Teknologi MARA Kedah Branch**



**PLAYING WITH WORDS :  
VOICE OF THE SOUL VOLUME II ANTHOLOGY OF POEMS**

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**Cover Design** : Dr Shafilla Subri

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Shahriza Ilyana Ramli (Editor BM)

**Cover Design/ Layout/Illustration :** Dr Shafilla Subri  
Syahrini Shawalludin  
Nor Atikah Adnan

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# FORE WORD

*Azlan Abdul Rahman*  
Head of Akademi Pengajian Bahasa  
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It has been my utmost pleasure to announce the second publication of a poetry book initiated and hosted by Akademi Pengajian Bahasa (APB), Universiti Teknologi MARA (UiTM) Kedah Branch. I am proud to say that the second poetry webinar entitled Playing with words has resulted in the publication of Playing With Words: Voice of The Soul Volume II Anthology of Poems. As the head of department, I will always support initiatives like this one and will be looking forward to the coming editions of more creative writing books in the future.

The poetry in this anthology are original and well-crafted and I would recommend you to read the poems from various themes and genres the book offer. Poetry is the only form of writing that touches primarily on the emotional spectrum of human experience, rather than communicating via mental constructs. It enables the writer to share her emotional message directly with the reader, without having to rely on the intermediary form of an intellectual argument or a story.

**👉 Thank you all of you who have contributed your poems in the second edition of this poetry book. 👉**

This is the real art of sharing a book of poems from one creative mind to another. Congratulations to the editorial team and to all contributors.



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# PRE FACE

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*Puan Sharifa Birtti Saad*  
Chief Editor

It is our pleasure to announce the new edition of the poetry book called *Playing With Words: Voice of The Soul Volume II Anthology of Poems* which was originated from a webinar series entitled *Playing With Words: Voice of The Soul Volume II* organized and hosted by Academy of Language Studies and ILD Universiti Teknologi Mara, Kedah Branch early this year. The major purpose of the workshop is to guide writers to write creative poetry for publication. Poetry writing is an excellent practice for strengthening one's writing skills. Through poetry writing, we gain command of language, cultivate a robust vocabulary, master literary devices, and learn to work in imagery. And that's just a small sampling of how poetry improves basic writing skills. Moreover, poetry writing has long been hailed as a deeply therapeutic practice. It imparts a broad range of emotional and intellectual benefits that are useful to personal growth, whether we're working on self-improvement, emotional or psychological coping and healing, developing relationships, and even furthering our careers. Poetry writing and reading is indeed a therapeutic platform because it is both healing and transformative because it allows you to voice out your inner feelings.

Alhamdulillah, we received a tremendous response from the participants, and we extended the invitation to interested lecturers from various campuses all over Malaysia. I am proud to announce that in the anthology we managed to publish 203 poems which were contributed by 156 lecturers and academicians from UiTM and other higher learning institutions. This is in fact the largest collection of poems compiled in one anthology.

The themes include education, emotions, experience, family, life, values, love, nature, patriotism, hobby and religion all written in English language. We have also embarked into publishing 30 poems written in Bahasa Melayu. The poems reflect the poets' inner voices and their own perception on certain issues in life and their environment. It is hoped that readers of this book would benefit personally and professionally. As the chief editor, I observed improvements in the poems published in the anthology where poets have successfully put emphasis on symbolism, metaphor, and imagery.

Finally, this book could not have come into reality without a great deal of assistance and encouragement from many sources. We must acknowledge the great efforts of the contributors of the poems who have penned down their creative juices and diligently wrote their masterpieces. Our hope is that they will continue to write poems in the future because because poetry allows people to express concepts in unique and resonant ways that sometimes survive and continue to inspire readers for thousands of years.



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# Acknowledgement

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*Sharifa Bivti Saad*  
Chief Editor

Inspired by the words from my favourite author Emily Dickinson,  
If I read a book and it makes my whole body so cold no fire can ever warm me,  
I know that is poetry. – **Emily Dickinson**

From the quote we know how powerful the diction in poetry is. Diction is important part of writing and understanding poetry because each story helps create the poem tone, mood, and all the poetic literary devices. Each word helps the poet to express her train of thoughts to create her story. Poetry writing has given us the opportunity to play with words innovatively and intelligently.

In Robert Frost's words - "Poetry is when emotion has found its thought, and thought has found words"

I would like to personally thank the Rector of UiTM, the Deputy Rector of Academic Affairs, Head of Academy of Language Studies, for the utmost support and to the diligent editorial team for the effort and dedication to the publication of the second edition of the poetry book. My heartfelt gratitude goes to each one of you who has contributed your poems. Keep up the good work and keep writing poems.

Playing With Words : Voice of The Soul Volume II Anthology of Poems is published today because of you. Congratulations and Thank You everyone.

 **When in grief, play with words,**  
**When in trouble play with words.** 

*Sharifa Bivti Saad*

# Poem in Malay Language



## *Jurnal Persis 'Jantung' Ahli Akademia*

oleh - Dr Farhah Abdullah

*Publish or perish!*

Ini mantra yang ahli akademik akur dengan penerbitan jurnal

KPI KPI KPI! Pensyarah dan jurnal berpisah tiada!

Penulisan jurnal bukan semata-mata KPI dan amanah

Jurnal adalah jantung dalam nadi ahli akademik

Cabaran mencuri masa usai pengajaran dan penyelidikan

Termenung mencari ilham penulisan

Kerap terhenti dengan *whatsapp* pelajar-pelajar 24/7

Tak dilayan segera, efek markah SUFO, pensyarah ini sukar didekati, sukar dihubungi!

Wahai sahabat seperjuanganku, jom menulis dan cari isu masyarakat yang dekat di hati.

Tulis tanpa tapi, tanpa henti dan tanpa nanti,

Abaikan kesempurnaan.

Teruskan usaha membaca dan pupuk minat menulis dari sepele perkataan.

Berkembang menjadi ayat, selebar dan berbilang muka surat.

Kenyataan masalah, persoalan dan objektif kajian, metodologi serta dapatan kajian.

Anggaplah kita di lautan ilmu yang luas, kemudikan perahu atau kapal kita ke destinasi.

Ini baru permulaan pada misi berterusan menulis jurnal dan pastikan diterbitkan!

*Quilbot, Grammarly, Academic Phrasebank, Mendelay, ChatGPT* dan laptop menjadi sahabat akrab

Selain secangkir kopi menemani keheningan dinihari dan hujung minggu.

Itu sahaja waktu yang damai untuk menulis. Tersenguk depan laptop itu normal!

Niat menulis kerana mencari redha Tuhan dan sebagai bekalan ilmu bermanfaat

Proses penulisan jurnal memakan masa yang lama. Bertabah duhai hati.

Korbankan masa jadikan pelaburan masa, tenaga, kerahan minda dan hati

Karya akademia ada nilai di sisi masyarakat dan di sisi Tuhan

Iqro', Bacalah dengan nama Tuhanmu yang menciptakan.

Pohon ketabahan hati dan bantuan dari Tuhan yang Maha Esa.

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