

**A STUDY ON HOW STRESS CAN AFFECT JOB PERFORMANCE
BASED ON PERCEPTION OF GOVERNMENT SERVANTS AT PAHANG
STATE SECRETARIAT OFFICE (SUK)**

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ABSTRACT

This study aims to examine the relationship between factor of stress such as work environment, position, workload, health, co-worker and management support. We are focus on the effect of stress toward job performance. The sample of this study were given to 60 respondents consists of selected respondents from each department at Pahang State Secretariat Office (SUK). However they are only 50 respondents who responded to our questionnaires. The result showed a significant positive difference existed between the factors of stress that is workload and job performance of the government servants.

Keywords: Stress, Job performance, Perception

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