



UNIVERSITI TEKNOLOGI MARA

EAH713: ART AS THERAPY

Course Name (English)	ART AS THERAPY APPROVED
Course Code	EAH713
MQF Credit	3
Course Description	The term 'art therapy' was popular in the 1980's. Art therapy is thus a relative newcomer to the range of available therapeutic practices. Art therapy is relatively new discipline, outside a small number of practitioners, its concepts and aims are not widely known and understood. This course is an attempt to change that situation and hoping that through this process the students believe that there is more art than paint on paper. Specifically, this course aim to introduce the concepts of art therapy, artist as therapist, training and arts industries, high skilled, critical, reflective and ethical practitioners committed to making a substantive contribution and the community.
Transferable Skills	Demonstrateability to communicate clearly and confidently, and listen critically
Teaching Methodologies	Lectures, Discussion, Presentation
CLO	<p>CLO1 At the end of the course, students should be able to: i. develop ideas and attitudes towards the therapeutic services in art therapy (C5)</p> <p>CLO2 At the end of the course, students should be able to: ii. increased understanding of relevant genres and approaches to art (P4) (C4)</p> <p>CLO3 At the end of the course, students should be able to: iii. integrate art and the therapeutic aspects of art in one's profession (A4) (C5)</p>
Pre-Requisite Courses	No course recommendations
Topics	
1. 1. Introduction to the course 1.1) n/a	
2. 2. The artist as Therapist 2.1) n/a	
3. 3. Art, Science and Art Therapy 3.1) n/a	
4. 4. Art, Psychotherapy and Symbol Systems 4.1) n/a	
5. 5. Art Therapy and Computer Technology 5.1) n/a	
6. 6. Art Therapy as a form of Psychotherapy 6.1) n/a	
7. 7. A Jungian Approach 7.1) n/a	
8. 8. The Child and Art Therapy 8.1) n/a	
9. 9. Contemporary Art Therapy with Adolescents. 9.1) n/a	
10. 10. Self-Mutilation and Art Therapy 10.1) n/a	
11. 11. Presentation 11.1) n/a	

Assessment Breakdown	%
Continuous Assessment	60.00%
Final Assessment	40.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	Based on selected article, each students are able to write a summary to show that they are able to understand the content and subjects are discussed.	20%	CLO2
	Presentation	Based on selected topic, each students are wanted to write and present the materials are chosen. Each presentation will take about half an hour followed by question and answer session.	40%	CLO1 , CLO2

Reading List	Recommended Text	Reference Book Resources
	<ul style="list-style-type: none"> • Cathy A. Malchiodi 2003, <i>Handbook of Art Therapy</i>, The Guilford Press New York [ISBN: 1-57230-809] • Kramer, E 2001, <i>Art as Therapy: Collected Papers.</i>, Jessica Kingsley Publishers. London 	<ul style="list-style-type: none"> • Arnheim, R. 1974, <i>Art and Visual Perception: A Psychology of the Creative Eye</i>, University of California Press Berkeley, CA • Arnheim, R 1986, <i>New Essays on the Psychology of Art</i>, University of California Press, Berkeley, CA • Dalley, T 1984, <i>Art as Therapy: An Introduction to the use of Art as a Therapeutic Technique.</i>, Routledge New York • Ganim, B 1999, <i>Art and Healing: Using Expressive Art to Heal Your Body, Mind and Spirit.</i>, Three Rivers Press New York • Gombrich, E.H 1969, <i>Art and Illusion: A Study in the Psychology of Pictorial Representation.</i>, Princeton University Press Princeton, N.J • Malchiodi, C. A 2012, <i>Art Therapy and Health Care</i>, The Guilford Press New York • Needs, G. M 2012, <i>Art Therapy: Foundation and Form</i>, InsideArt Australia: • Wadeson, H, <i>Art Psychotherapy</i>, John Wiley & Sons. New Jersey • Woodfield, R 1996, <i>Gombrich on Art and Psychology</i>, Manchester University Press Manchester, N.Y
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	