

ACADEMY OF  
LANGUAGE STUDIES



UNIVERSITI  
TEKNOLOGI  
MARA

Cawangan Negeri Sembilan  
Kampus Rembau

# APB REMBAU E-BULLETIN

ISSUE 10 JUNE 2022 - SEPTEMBER 2022



APBR-CARE PAYDA

UITM @CLAS LORONG SENI BANDAR SEREMBAN

INTERNATIONAL BILINGUAL DAY 2022

MUSIC: EFFECTIVE WAY TO REDUCE STRESS

FIND JOY IN LEARNING HOW TO DRIVE

E-ISSN  
2682-776X

ENGLISH EDITION

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EDITORIAL

C H I E F   A D V I S O R  
P R O F   M A D Y A   D R   S O O   K U M   Y O K E

C H I E F   E D I T O R  
N A D I A H   Y A H Y A U D D I N

**S P E C I A L   T H A N K S**

P R O F   M A D Y A   D R   N O R W A T I   H A J I   R O S L I M

N O R H A N I Z A   H A S A N

D R   S I A N G   L A Y   C H O O

N U R   F A A T H I N A H   M O H A M M A D   R O S H D A N

S H A H R U L   M U H A Z A D   S H A H R U D I N

K H A I R O N   N I S A   S H A F E I

H A Z W A T I   H A S H I M

M A S H I T A H   N O R D I N

N U R   A I N I   A R I F F I N

S I T I   ' A I S H A T U L - H U M A I R A   M U H A M M A D   F I S O L

O O I   S I N G   E E

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# APB REMBAU E-BULLETIN

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## CHIEF EDITOR'S NOTE

Dear June,

The second semester of the year has arrived. As I have gotten accustomed to teaching online, a little bird told me that I am going to see my students in my physical class in November. I took the news with a grain of salt. The pandemic comes to an end in the second semester of the year, hence, the advent of the endemic. We are told to be prepared for the new norm, where masks would soon be worn only if you were sick or ill and there would be no more social distancing. As for us, lecturers at APB Rembau, we have learned new teaching methods, a new way to adapt with students who are not in sight, a new style of meeting people in sight, and new goals to meet before the end of our term. One would be to finish my task as the chief editor and pass the recordings of APB Rembau activities to the new writer, whom I have no doubt would be the best at continuing my journey in collecting and presenting APB Rembau on a piece of electronic paper. To end my note for now, I would like to wish all the best to my dear colleagues at APB Rembau and give a huge thank you to Associate Professor Dr. Soo Kum Yoke for allowing me to shoulder the responsibility of the chief editor of the APB Rembau E-Bulletin.

SINCERELY,



Nadiyah  
Yahyauddin  
CHIEF EDITOR

# INTERNATIONAL BILINGUAL DAY 2022 26.06.22 - 20.08.22

On June 26, 2022, UiTM Cawangan Negeri Sembilan and Unversitas Hasyim 'Asyari formed a partnership. Both universities had organised a competition where Indonesian school students participated in English and Arabic language competitions. The said competitions were held for three months, from 26 June 2022 until 20 August 2022. The Grand Finale was organised on August 20, 2022, where winners were announced during a live session on YouTube.



The live session of The Grand Finale for the International Bilingual Day on Youtube.





# THE FIRST MEETING WITH THE NEW HEAD OF DEPARTMENT ACADEMY OF LANGUAGE STUDIES (APB)

26.07.2022

10.00 AM, BILIK MESYUARAT UTAMA

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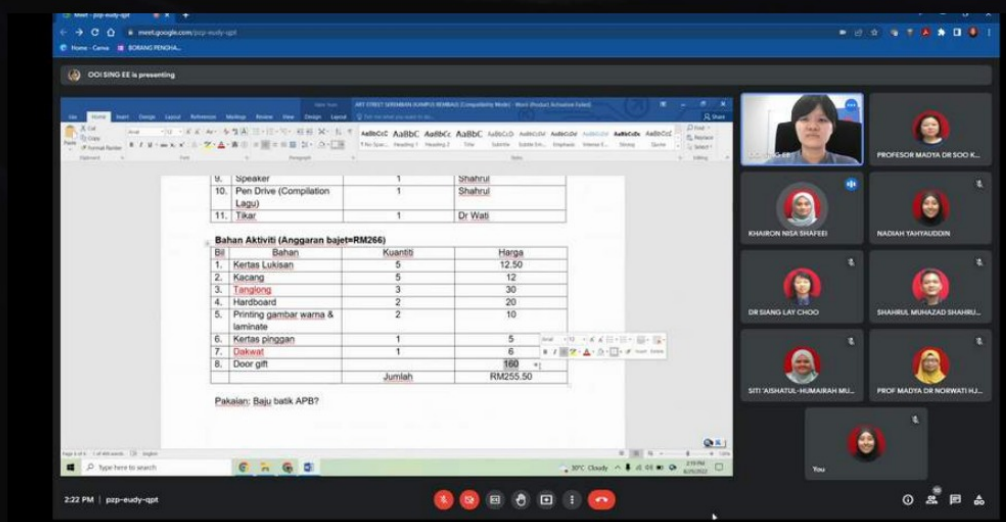
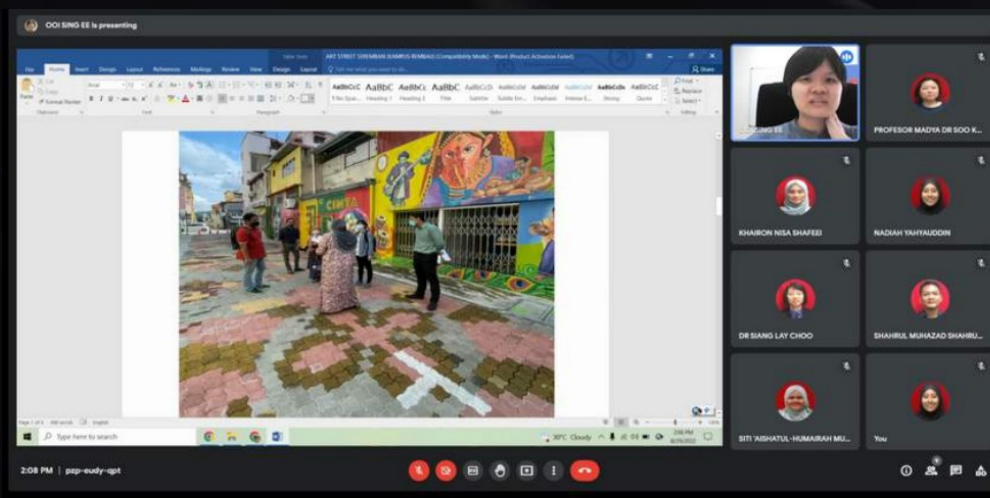
APB Rembau was graced with the presence of Associate Prof Dr Sharifah Sheha Syed Aziz Al-Baftim, who visited the lecturers at APB UiTM Rembau on July 25, 2022. Lecturers were gathered at Bilik Mesyuarat Utama around 10 a.m. As she arrived at the meeting room, she was greeted by the Coordinator, Associate Professor Dr. Soo Kum Yoke. The meeting continued with a series of discussions on issues related to APB and presentations of reports from the APB Rembau Coordinator. The session ended during lunch.



# SEREMBAN ART STREET MEETING UITM @ CLASS 29.08.22, 2.00 PM GOOGLE MEET

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On August 29, 2022, Mrs. Ooi Sing Ee had organised a meeting on Google Meet. The meeting had discussed the activities that committee members from APB Rembau will manage during the exhibition for UiTM @ Clas, Seremban Art Street. APB lecturers had suggested some activities such as writing calligraphy, counting beans in Mandarin, and playing traditional Malay games. The exhibition was the first event that required APB lecturers to hold language-related activities for visitors at Seremban Art Street. The lecturers had expressed their eagerness to visit the street in September.





# APBR-CARE (APB) PERTUBUHAN ANAK YATIM DARUL AMINAN (PAYDA)

09.09.22

8.30 AM, RUMAH PAYDA,  
SENAWANG, SEREMBAN

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APB Rembau had organised a community service programme where APB lecturers visited an orphanage in Senawang, Negeri Sembilan, The orphanage, Pertubuhan Anak Yatim Darul Aminan, had welcomed the lecturers for a 2-hour session of language activities playing grammar and vocabulary board games. Puan Ruzita binti Abd Aziz, the operation manager of the orphanage, expressed her appreciation to the staff for visiting the children and bringing joy to their morning. The programme ended with gifts for the children and the house as a token of appreciation. Puan Ruzita would welcome the lecturers for future activities too.





# SEREMBAN ART STREET, UiTM@CITRA SUNDAY SLOT

11.09.22

11.30 AM, BANDAR SEREMBAN

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The anticipated Sunday slot had arrived for the lecturers at UiTM Rembau. On September 11, 2022, APB Rembau lecturers had organised language activities along the colourful streets of Bandar Seremban. The street, which is called the Seremban Art Street, had become a venue for UiTM Negeri Sembilan's main event, which was UiTM @ Citra, Lorong Seni Seremban. The event was organised by UiTM Negeri Sembilan and Seremban City Council. Many language activities had been set up by APB lecturers from three different campuses. Visitors had visited the booths where the language activities had popped up. APB lecturers had a lot of fun with the event, where visitors tried their best to get the best scores for the language games that they played. By 2.00 pm, the activities were put to a halt as the event continued with other activities. It was a fulfilling Sunday for the lecturers at APB Rembau.





## Music effective way for students to destress

August 11, 2022 @ 12:08am



Interestingly, I searched YouTube for relaxing music and found that there is a variety of music to help one destress for various reasons such as music for study, office jazz, calm music for sleep, music for motivation, business music and so forth. - File pic

**LETTERS:** These days, more and more students are facing stress.

The Malaysian Health and Morbidity Survey (2017) reported that one in five teenagers in Malaysia is depressed, two in five suffer from anxiety and one in 10 is stressed.

The situation has worsened with the pandemic and students have been under a lot of pressure.

In a local public university early this year, it was reported that a master's student was found dead at his hostel and the cause of death is unknown.

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A year before, two deaths of university students due to extreme stress shocked the nation.

So, how can students cope with stress? In a study by a group of students at UiTM Rembau recently, it was found that music could be an effective way to help students release stress and be positively motivated.

Usually, loud music can have the opposite effect as it can be distracting.

However, the study showed that 51.1 per cent of students agreed that music helped them to have positive vibes, 80 per cent believed that it helped them improve their mood and 44.4 per cent said it helped them boost alertness and concentration.

Interestingly, I searched YouTube for relaxing music and found that there is a variety of music to help one destress for various reasons such as music for study, office jazz, calm music for sleep, music for motivation, business music and so forth.

Does the music work? I tried it at work while marking exam papers. I felt that the music was rejuvenating and relaxing. I felt less stressed, less sleepy and more alert.

Perhaps this is one way worth trying for students to release stress while studying. Even at work, it can lighten the day with the sound of jazz, birds chirping and sea waves splashing.

So, anyone for some music to relax and de-stress?

**ASSOCIATE PROFESSOR, DR SOO KUM YOKE**

UiTM, Negri Sembilan branch, Rembau campus

The views expressed in this article are the author's own and do not necessarily reflect those of the New Straits Times

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# Find joy in learning how to drive

August 13, 2022 @ 6:47pm



Those who find it fun will enjoy the process of learning how to drive on the driving track and on the road. It can be an enjoyable experience. - NSTP file pic

**LETTERS:** Being afraid of doing things for the first time is part of life. This includes the process of learning.

Those who find it fun will enjoy the process of learning how to drive on the driving track and on the road. It can be an enjoyable experience.

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However, for those who are afraid of the unknown, the experience can be quite daunting. How can this be overcome?

After gathering information from my students and my own child, who are in the process of getting their driver's license, this unknown that they fear is experiencing unpleasant feelings and thoughts.

### **| MORE NEWS**

- Driving against traffic flow: Cops looking for Myvi driver
- **iQIYI to continue bringing "joy to all stakeholders"**
- Cabbie who drove against traffic under investigation
- Toyota Alphard driver fined RM400 for discharging sputum, faces other dangerous driving raps [NSTTV]

This includes getting panic attacks, fear of damaging the car, feeling dumb for not being able to handle the car, being observed by others and getting scolded by instructors.

These can pull down one's motivation. Here are some suggestions on how to overcome this.

First, address your fear. Be honest about it. Share it with someone you trust, jot it down in your diary or practise self-talk.

Second, use affirmative words to boost positive feelings, like "I'm scared, but I can do it" or "I will enjoy this driving chapter of my life".

Third, trust your instructor – not all instructors are impatient. Focus on the guidance given instead of their shouts and murmurs.

Next, if it's your first time driving, perhaps the first thing to do is to sit in the driver's seat and feel the steering wheel for a few minutes.

Do this for a few days. Get comfortable. Along the way, you can continue with other tasks, like turning on the engine.

Finally, learn to relax. Deep breathing is a good relaxation exercise. If you feel anxious, take a few deep breaths.

Do not let your fear hinder you from learning how to drive.

Don't give up so easily. As the saying goes, it's all in your mind. So think and imagine realistically and set your mind to "I'm going to make it"!

#### **NOR HANIZA HASAN**

Senior Lecturer, Academy of Malay Studies, Universiti Teknologi Mara, Rembau

The views expressed in this article are the author's own and do not necessarily reflect those of the New Straits Times

# AWARDS AND ACCOLADES

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**UNIVERSITI TEKNOLOGI MARA**  
Bahagian Penyelidikan  
Jaringan Industri,  
Masyarakat dan Alumni

## Tahniah & Syabas

**PM DR. SOO KUM YOKE  
NOR HANIZA HASAN**

HOW TO WRITE A RESEARCH PROPOSAL:  
EASY STEPS FOR BEGINNERS & QUICK REFRESHERS FOR RESEARCH PROPOSAL  
kerana telah berjaya memenangi

**SILVER AWARD**  
CATEGORY: OER (EDUCATOR)

THE VIRTUAL INTERNATIONAL E-CONTENT DEVELOPMENT COMPETITION 2022 (e-ConDev 2022)  
22<sup>nd</sup> – 30<sup>th</sup> AUGUST 2022

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**UNIVERSITI TEKNOLOGI MARA**  
Bahagian Penyelidikan  
Jaringan Industri,  
Masyarakat dan Alumni

## Tahniah

**PM DR. NORWATI HAJI ROSLIM\* & PM DR. MUHAMMAD HAKIMI TEW ABDULLAH**  
PENULIS UTAMA / KORESPONDEN\*  
(Kampus Rembau, UITM Cawangan Negeri Sembilan)

atas penerbitan di

*International Journal of Academic Research in  
Business and Social Sciences  
(ERA)*

bertajuk  
*Exploring Current Practices and Opportunities for Collaborative Teaching  
between University and Industry*

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# AWARDS AND ACCOLADES

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**Tahniat & Syabas**

**KETUA PENYELIDIK :** PM DR. NORWATI HAJI ROSLIM (UITMCNS)  
PM DR. MUHAMMAD HAKIMI TEW ABDULLAH (UITMCNS)  
NUR FAATHINAH MOHAMMAD ROSHDAN (UITMCNS)  
SEYED ALI REZVANI KALAJAHI (TURKISH-GERMAN UNIVERSITY)  
NG YU JIN (UNIVERSITI TENAGA NASIONAL)

atas kejayaan menerima  
**COLLABORATIVE RESEARCH SEED FUND (CRSF) 2022**  
berjumlah  
**RM3,000**  
dengan tajuk penyelidikan  
**DEVELOPMENT OF A MALAYSIAN CORPUS OF ACADEMIC REPORT WRITING (MCArW)**

TEMPOH PENYELIDIKAN : 1 JUN 2022 – 31 MEI 2023

Logos: PIM&A UITM Cawangan Negeri Sembilan, PIM&A CNS, pjmancs, and various institutional logos.



# RESEARCH POSTER



## ISEMI

### ISLAMIC SOCIAL ENTERPRISE MANAGEMENT INDEX

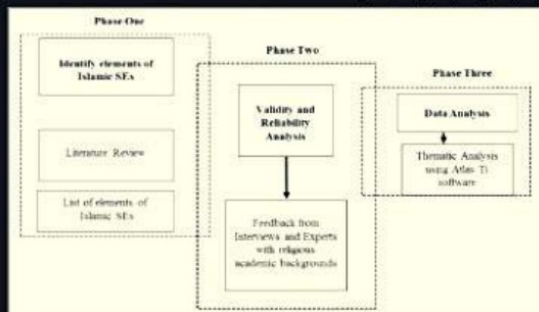
#### Background

Social enterprises have a dual objective of generating economic and social impact. This dual objective turned to be very vital with the increased level of poverty and other major social problems. The concern over social entrepreneurship has increased since it is able to eradicate poverty and restructure society through the implementation of the Sustainable Development Goals (SDG) Number 1 and in line with SDG Number 11: Sustainable Cities and Communities.

#### Objectives

1. To identify the importance of Islamic elements in developing Islamic Social Enterprise Management Index (ISEMI).
2. To develop ISEMI to measure social enterprise performance in lieu with social agenda.

#### Methodology



#### Novelty

ISEMI is novelty in terms of Islamic virtues embedded in the development of ISEMI.

#### Findings



#### Contributions to Knowledge and Society

ISEMI is an innovative and advanced technological-driven tool that can help social enterprise to tackle the competitiveness of the Industrial Revolution 4.0

01

It can be best described as an innovative tool for sustainable development (e.g., economic, social and environment) to be used by social enterprises.

02

ISEMI is able to provide a good insight as a guideline and reference to ISEs industry in Malaysia.

03

ISEMI is able to benefit the following Government Policies and Plans: (a) the Eleventh Malaysia Plan, 2016 - 2020 (11MP) and (b) the Malaysian Social Enterprise Blueprint. entrepreneurs.

04

#### Contact Person:

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PM Dr. Saunah Zainon  
PM Dr. Ratiyannah Mohamad Yunus  
Dr. Nurul Huda Md Yusoff  
Nur Eliyawati Jopekus  
PM Dr. Soo KumYoke



#### More Information:





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