

**A STUDY ON THE EFFECTIVENESS OF MUSIC INVOLVEMENT IN LEARNING
AMONG UiTM TESL STUDENTS**

NUR KHAIRIYAH BINTI SUHAILI

2007297662

**AN ACADEMIC EXERCISE SUBMITTED IN PARTIAL FULFILLMENT FOR THE
DEGREE OF BACHELOR OF EDUCATION (HONOURS) IN THE TEACHING OF
ENGLISH AS A SECOND LANGUAGE (TESL)**

FACULTY OF EDUCATION

UNIVERSITI TEKNOLOGI MARA

SHAH ALAM

2011

ACKNOWLEDGEMENT

Alhamdulillah, in the name of Allah, the most Gracious and the most Merciful, I have been blessed with a chance to complete this academic exercise. I would like to express my greatest appreciation to my beloved and understanding parents, En. Suhaili bin Pungut and Pn. Dayang Zohara binti Awang Ahmad for their valuable moral and financial support, patience, love and endless advice.

Furthermore, I would like to acknowledge a heartiest thank and appreciation to my advisor, Pn. Juriani Jamaludin whose help, advice and supervision is invaluable. The time, energy and knowledge that have been contributed surely help me a lot and I really appreciate that.

Besides, special thanks also should be forwarded to my friends for sharing the knowledge throughout the process of completing this task. Special thanks to Pn. Syarifah Muzlia for her time in teaching me and friends regarding on the usage of Statistical Package for Social Sciences software (SPSS). Last but not least, a big thank you to everyone who has been involved either directly or indirectly in completing this academic exercise. Thank you for everything.

ABSTRACT

This study is aimed to explore the effectiveness of music involvement in learning among UiTM Teaching of English as Second Language (TESL) students. The research was carried out in quantitative form, conducted among 75 of TESL students from Universiti Teknologi Mara, Section 17, Shah Alam, Malaysia. Four issues were discussed; firstly, the role of music in learning; secondly, the factors that contribute to the music involvement while learning; thirdly, the genres of music that is chosen while learning and fourthly, the relationship between CGPA and listening to music while studying and completing assignments. Written consent was obtained from all participants. Questionnaires were distributed to all 75 respondents throughout 8 semesters of TESL students. The findings from this study shown that students spent their time listening to music while studying and completing assignments because of certain factors which are listening to music is fun and interesting, listening to music can prevent boredom and keep us company and listening to music can make us feel calmer and relax. Aside from that, the finding also indicates that the respondents prefer teachers and lecturers apply the use of music while teaching in class. However, the finding indicates that there is no relationship between listening to music while studying and CGPA but listening to music while completing assignments tend to decrease the CGPA. The reasons for this may be due to the choice of music genre that is chosen to listen while studying and completing assignments. Apart from that, the findings designate that genders, male and female had the same rate in listening to music in which both genders always listen to music.

TABLE OF CONTENTS

	PAGE
ACKNOWLEDGEMENT	iv
ABSTRACT	v
ABSTRAK	vi
TABLE OF CONTENTS	vii
LIST OF TABLES	x
CHAPTER 1: INTRODUCTION	
1.0 Introduction	1
1.1 Background of the Study	3
1.2 Statement of Problems	5
1.3 Research Objectives	6
1.4 Research Questions	7
1.5 Definition of Terms	8
1.6 Significance of the Study	9
1.7 Limitations of the Study	10
1.8 Conclusion	12
CHAPTER 2: LITERATURE REVIEW	
2.0 Introduction	13
2.1 Music and Learning	14
2.2 Learning Environments	16
2.3 Genres	17

CHAPTER 1

INTRODUCTION

1.0 INTRODUCTION

In human's life nowadays, music has becoming one of the necessities to everyone and people listen to music for almost every time in their life, during shopping at the mall, during lunch or dinner, driving in the car and even during studying. Lake (2009) mentioned that a song in music is more than just words and note on paper. It is an environment that conveys a message. Listening to music has chosen to be one of people's past time activities. Music has been known to alleviate stress by increasing the body's release of endorphin which is "the feel good chemicals". Desaulniers (2009) proposed that new research also reveals that music produces powerful effects on the brain, promoting cognitive development, verbal skills and emotional intelligence. According to Paget (2006), music appears to massage organs, entrain biorhythms alter hormone levels, reduce stress and increase learning.

As mentioned earlier, music is said to be associated with human and specifically is associated with learning but not every learners choose music to be used in learning and studying. The reasons might be because they do not know the effectiveness of music in learning or they chose not to because music prevents them from focusing on their learning. However, according to Gourgey, (1998); Hughes, Robbins, McKensie, & Roob, (1990) in