



UNIVERSITI TEKNOLOGI MARA

SED690: ADAPTED PHYSICAL EDUCATION

Course Name (English)	ADAPTED PHYSICAL EDUCATION APPROVED
Course Code	SED690
MQF Credit	3
Course Description	The subject introduces students to the principles of designing appropriate leisure opportunities for the individuals with disabilities, and increase student's awareness of societal attitudes toward disability. Principles of normalization and integration will be discussed with emphasize on individual physical, recreational and leisure programs. Inclusive education, sports for leisure education and quality of life will also be discussed.
Transferable Skills	Ability to plan, create and organize activities with special population.
Teaching Methodologies	Lectures, Demonstrations, Discussion, Project-based Learning
CLO	CLO1 Determine the fundamentals of inclusive and special recreation and characteristics of differently abled conditions CLO2 Demonstrate value and attitudes in task related to adapted physical activity CLO3 Construct innovative physical activity programming for differently abled individuals within various settings
Pre-Requisite Courses	No course recommendations
Topics	
1. Introduction to Inclusive and Special Recreation 1.1) n/a	
2. Concepts and Attitudes Underlying Inclusive and Special Recreation Services 2.1) n/a	
3. Legislation Affecting Inclusive and Special Recreation Services 3.1) n/a	
4. Disabling Conditions(3 types) 4.1) Physical Disabilities 4.2) Sensory Disabilities 4.3) Cognitive Disabilities	
5. Barriers to Recreation Participation 5.1) n/a	
6. Design of Accessible and Usable Recreation Environments 6.1) n/a	
7. Program Planning and Evaluation Process 7.1) n/a	
8. Camping and Wilderness-Adventure Experiences 8.1) n/a	
9. The Arts 9.1) n/a	
10. Trends in Inclusive Recreation 10.1) n/a	

Assessment Breakdown	%
Continuous Assessment	100.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Assignment	Article review. Students need to select an article from a journal and summarize and review following a rubric given.	10%	CLO1
	Group Project	Students are to plan, organize and carry out a program involving people with disabilities. In this project students will display their ability to use information and knowledge effectively to create program suitable for the specific disabling conditions and display their leadership skills. Students may also be required to design accessible and usable recreation environments for the disabled.	30%	CLO3
	Presentation	Pair/Group presentation In the presentation, students will display their ability to convey information, analyze and create examples suitable for the given topics. They will also need to write critically on the topic given. This is an evident of their ability to communicate effectively orally and in writing	20%	CLO2
	Test	In a written test students are required to display their ability to discuss and analyze information of the topics covered.	40%	CLO1

Reading List	Recommended Text	<ul style="list-style-type: none"> • Smith, R. W., Austin, D. R., & Kennedy, D. W. (2011). <i>Inclusive and Special Recreation: Opportunities for Person with Disabilities (5th Ed.)</i>. 2011, <i>Inclusive and Special Recreation: Opportunities for Person with Disabilities</i>, 5 Ed., Sagamore Publishing. • Sherrill, S. 2004, <i>Adapted Physical Activity, recreation and Sport. Crossdisciplinary and Lifespan</i>, 6 Ed., Mc Graw Hill. • 2. Horvart, Michael and Kalakian, Len., 1998, <i>Assessment in Adapted Physical Education and</i> , 0 Ed., , WCB/McGraw Hill, IL.
	Reference Book Resources	<ul style="list-style-type: none"> • Sherril, Claudin 1986, <i>Sport and Disabled Athletes (1984)</i>. <i>Olympic S</i>, Ed., , Human Kinetics, IL [ISBN:]
Article/Paper List	This Course does not have any article/paper resources	
Other References	This Course does not have any other resources	