



**UNIVERSITI TEKNOLOGI MARA**

**SED502: METHOD OF TEACHING PHYSICAL EDUCATION AND HEALTH EDUCATION IN SECONDARY SCHOOL**

<b>Course Name (English)</b>	METHOD OF TEACHING PHYSICAL EDUCATION AND HEALTH EDUCATION IN SECONDARY SCHOOL <b>APPROVED</b>
<b>Course Code</b>	SED502
<b>MQF Credit</b>	3
<b>Course Description</b>	The course is designed to introduce students to basic concepts of teaching Physical Education and Health in secondary school. The subject matter includes the various theories of approaches, methods, strategies, and techniques in teaching Physical Education and Health. Students are required to do micro teaching under close supervision and perform practical measurement and evaluation in Physical Education and Health.
<b>Transferable Skills</b>	Teaching Skills
<b>Teaching Methodologies</b>	Lectures, Microteaching, Demonstrations, Discussion
<b>CLO</b>	CLO1 Implement various teaching approaches and strategies in the teaching of Physical and Health Education CLO2 Organize innovative and creative Physical and Health Education lessons based on varying teaching approaches in the teaching of PHE CLO3 Develop teaching aids that will enhance students' creativity in the teaching of Physical and Health Education
<b>Pre-Requisite Courses</b>	No course recommendations
<b>Topics</b>	
1. Objectives & the importance of Physical & Health Education (PHE)	
2. PHE Curriculum Development	
3. Analysis of PHE Syllabus	
4. Approach, Strategy, Method & Techniques in teaching PE	
5. Approach, Strategy, Method & Techniques in teaching HE	
6. Measurement & Evaluation Introduction and management process	
7. Scheme of work & the lesson plan	
8. Micro Teaching	

<b>Assessment Breakdown</b>		<b>%</b>	
Continuous Assessment		100.00%	
<b>Details of Continuous Assessment</b>	<b>Assessment Type</b>	<b>Assessment Description</b>	<b>% of Total Mark</b>
	Individual Project	Development of teaching Aid	20%
	Presentation	Individual Presentation	20%
	Simulation Evaluation	Microteaching	60%
<b>Reading List</b>	<b>Recommended Text</b>	• Capel. S. & Whitehead, M 2010, <i>Learning to Teach PE in Secondary School: A Companion to School Experience</i> , 3rd Ed., Routledge	
	<b>Reference Book Resources</b>	<ul style="list-style-type: none"> <li>• Wee Eng Hoe 2002, <i>Pendidikan jasmani &amp; pendidikan kesihatan. Sh, Ed., , Karisma</i> [ISBN: ]</li> <li>• Charles. A., March. L 2002, <i>Management of Physical Education and Sport</i>, 12 Ed., Mc Graw Hill.</li> </ul>	
<b>Article/Paper List</b>	This Course does not have any article/paper resources		
<b>Other References</b>	• n/a <i>Huraian Sukatan Mata Pelajaran Pendidikan Jasmani</i> , Kementerian Pendidikan Malaysia		