



UNIVERSITI TEKNOLOGI MARA

EDU715: PSYCHO-SOCIOLOGY FOR PROFESIONAL PRACTICES

Course Name (English)	PSYCHO-SOCIOLOGY FOR PROFESIONAL PRACTICES APPROVED
Course Code	EDU715
MQF Credit	3
Course Description	This course discusses pertinent psychological and sociological knowledge and issues that can help improve personal and professional development of educators. Selected psychological and sociological theories and concepts will be identified, analyzed, and explored to determine how best they could be applied for professional development, as well as to help enhance performance at workplace. The course will take into consideration the personal experiences of students to see its relevance to their professional growth. This will be done through the discussion of applications
Transferable Skills	psychological and sociological knowledge and issues that can help improve personal and professional development of educators
Teaching Methodologies	Lectures, Case Study, Discussion, Presentation, Small Group Sessions , Self-directed Learning
CLO	CLO1 Identify psychological and sociological theories that can help promote positive development among professionals CLO2 Analyze the self and others in work place CLO3 Discuss theories and concepts in Psychology and Sociology and how this could help improve the performance of professionals CLO4 Discuss aspects of professional development
Pre-Requisite Courses	No course recommendations
Topics	
1. Topic 1: Introduction 1.1) Course outline and assessment 1.2) Importance of psychology and sociology 1.3) Who am I?	
2. Topic 2: Understanding thyself 2.1) Nature vs nurture: factors that shape you 2.2) Personality 2.3) Attitude: Evaluating and responding to the social world	
3. Topic 3: Understanding Yourself as a Learner 3.1) Review of learning theories 3.2) Assessment of learning style and preferences	
4. Topic 4: Knowing and perceiving others 4.1) Social Cognition 4.2) Social belief and judgement 4.3) Influencing factors in understanding others: Culture, education, experience, values	
5. Topic 5: Intelligences - IQ, EQ and ESQ 5.1) Inter and intrapersonal intelligences 5.2) Theories of intelligences 5.3) Working with EQ	
6. Topic 6: Motivating yourself 6.1) Theories of motivation 6.2) Understanding factors underlying personal motivation	
7. Topic 7: Motivating Others 7.1) Understanding the motivation of others 7.2) Getting students to work/others to learn	

<p>8. Topic 8: Coaching and mentoring</p> <p>8.1) Elements of coaching 8.2) Coaching processes 8.3) Defining mentoring 8.4) How is coaching different from mentoring?</p>
<p>9. Topic 9: Conflict and peacemaking</p> <p>9.1) Conflict: Nature and causes 9.2) Addressing conflict 9.3) Peacemaking</p>
<p>10. Topic 10: Stress and burnout</p> <p>10.1) Stressors: Nature and Causes 10.2) Outcomes of stress 10.3) Overcoming stress and burnout</p>
<p>11. Topic 11: Leadership</p> <p>11.1) Types of Leaders 11.2) Characteristics of Good Leaders 11.3) Issues in Leadership</p>
<p>12. Case Study Presentation</p> <p>12.1) Case study presentation</p>
<p>13. Topic 12: Promoting professionalism</p> <p>13.1) Continuous Professional Development 13.2) Roles of reflection in PD 13.3) Issues in PD</p>

Assessment Breakdown	%
Continuous Assessment	70.00%
Final Assessment	30.00%

Details of Continuous Assessment	Assessment Type	Assessment Description	% of Total Mark	CLO
	Group Project	Students are required to carry out a Project (e.g. case study / forum/ seminar) on issues relating to the psychological and/or sociological aspects of professional practices, present their findings and write a project paper	30%	CLO3 , CLO4
	Quiz	Quiz 1 in week 5. In their quizzes, students will demonstrate their ability to recall knowledge and understanding of the various theories, concepts and research findings within psycho-sociological aspects of professional practices.	20%	CLO1 , CLO2 , CLO3 , CLO4
	Quiz	Quiz 2 in week 10. In their quizzes, students will demonstrate their ability to recall knowledge and understanding of the various theories, concepts and research findings within psycho-sociological aspects of professional practices.	20%	CLO1 , CLO2 , CLO3 , CLO4

Reading List	Reference Book Resources
	<ul style="list-style-type: none"> • Losier, M 2007, <i>Law of Attraction: The Science of Attracting</i> , Canada: Michael Losier. • Losier, M 2009, <i>Law of Connection: The science of using NLP</i> , New York: Hachette Book Group Inc. • Villegas-Reimers, E. 2003, <i>Teacher professional development: An internat</i>, Paris: International Institute for Educationa • Ballantine, Jeane H 2001, <i>The Sociology of Education ; A Systematic Ana</i>, New Jersey, USA : Brentice Hall. • Reeve, J.M 2005, <i>Understanding motivation and emotion</i>, New Yor, John Wiley & Sons, Inc. • Goleman, D 1998, <i>Working with Emotional Intelligence</i>, New York : Bantam Books • Goleman, D 2006, <i>Social Intelligence: The new science of human</i>, New York: Bantam Books • Maxwell, J.C. 2005, <i>The 360o Leader</i> , , TN : Nelson Business • Nagel, L. & Brown, S. 2003, <i>The ABCs of Managing Teacher Stress</i>, The Clearinghouse. 255-259. • Campbell, A 2006, <i>Understanding your motivation for teaching</i>, Intercom. 38-41.
Article/Paper List	This Course does not have any article/paper resources
Other References	This Course does not have any other resources