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BACHELOR OF ADMINISTRATIVE SCIENCE

**FACTORS INFLUENCING STRESS AMONG UNIVERSITY STUDENTS IN
SELANGOR DURING PANDEMIC COVID-19**

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ABSTRACT

The purpose of this study was to examine the factors that influence stress among university students in Selangor during the pandemic of Covid-19. Among the factors that be included in this study are online distance learning, social distancing and fear of contagion. The study was conducted for two semesters and used Cluster sampling technique in data collection. The data collection process took four weeks and involved 303 respondents from Universiti Putra Malaysia (UPM), Universiti Kebangsaan Malaysia, Bangi (UKM), Management and Science University (MSU) and Universiti Teknologi Mara (UiTM) Shah Alam. Then, the data collected be processed and analyzed by using IBM SPSS Version 26 in order to come out with findings and result. The results show that there is a significant relationship between all the factors with stress among university students in Selangor during the Covid-19 pandemic. The results of this study have highlighted the factors influencing stress among university students in Selangor and some recommendations have been suggested as a way to provide insights for the universities, the government, parents as well as future researchers.

Keywords: Stress, University Students, Cluster Sampling Technique, Online Distance Learning, Social Distancing, Fear of Contagion

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TABLE OF CONTENTS

APPROVAL LETTER.....	ii
DECLARATION FORM.....	iii
ABSTRACT.....	iv
ABSTRAK.....	v
ACKNOWLEDGEMENT	vi
CHAPTER 1: INTRODUCTION	
1.1 Introduction.....	1
1.2 Background of the study	1
1.3 Problem statement.....	5
1.4 Research Questions	6
1.5 Research Objectives.....	6
1.6 Scope of Study	7
1.6.1 Level	7
1.6.2 Territory.....	7
1.6.3 Time.....	7
1.7 Significance of the proposed study	7
1.7.1 Policy Makers	7
1.7.2 Higher education institutions / Universities	8
1.7.3 Students Development.....	8
1.7.4 Community	8
1.8 Definition of terms, terminology and concepts.....	9
1.8.1 Stress.....	9
1.8.2 Online Distance Learning.....	9
1.8.3 Social Distancing.....	9
1.8.4 Fear of contagion	10
CHAPTER 2: LITERATURE REVIEW & CONCEPTUAL FRAMEWORK	
2.1 Introduction.....	11
2.2 Stress	11

2.3	Stress among university students	11
2.4	Variables related to stress among university students	13
2.4.1	Online distance learning	13
2.4.2	Social distancing	14
2.4.3	Fear of Contagion	15
2.5	Conceptual Framework	16
2.6	Conceptual framework definition	17
2.6.1	Stress among university students.....	17
2.6.2	Online distance learning	17
2.6.3	Social distancing.....	18
2.6.4	Fear of contagion	18
2.7	Hypothesis.....	18
2.7.1	Online distance learning	18
2.7.2	Social distancing.....	19
2.7.3	Fear of contagion	19
2.8	Summary of the Chapter	19

CHAPTER 3: RESEARCH METHODOLOGY

3.1	Introduction.....	20
3.2	Research Design.....	20
3.3	Unit of Analysis	20
3.4	Sample Size.....	21
3.5	Sampling Technique	21
3.6	Measurement.....	22
3.6.1	Stress among university students in Selangor during pandemic Covid-19	22
3.6.2	Online distance learning	23
3.6.3	Social distancing.....	24
3.6.4	Fear of Contagion	25
3.7	Data Collection	26
3.8	Data Analysis	26
3.9	Summary of the Chapter	27