



**CONSERVATORY OF MUSIC
COLLEGE OF CREATIVE ARTS
UNIVERSITI TEKNOLOGI MARA**

**MUF655
RESEARCH METHODOLOGY**

**A STUDY OF THE RELATIONSHIP BETWEEN LISTENING TO
DIFFERENT GENRES OF MUSIC AND STUDENTS' BEHAVIOURS
IN FACULTY OF MUSIC**

RIANNA ESMERALDA DAVID (2020983709)

VALLERRIE NIONG (2020989687)

ELEZER EZRA JOPOT (2020956021)

**SEMESTER 6
OCTOBER 2021-FEBRUARY 2022**

ACKNOWLEDGEMENT

First and foremost, we would like to express our highest gratitude to our supervisor lecturer, Dr. Chai Tse Wei who has been helping us throughout the process of finishing this research project. We have acquired a multitude of knowledge in our journey finishing this research project. An invaluable guidance and positive encouragement throughout this research helped us a lot in finishing this research project.

Besides that, we also would like to express our gratitude to our family especially to our parents who support us financially and emotionally throughout our studies. Due to the pandemic of covid-19, studying online is a new norm for all students nowadays. Without the support from our family, we would have not been able to continue our higher education. We are extremely grateful to our parents for their prayers, caring and sacrifice for preparing us for our future.

Lastly, we would like to thank all of our lecturers and friends for their motivation and encouragement which helped us in completion of this research paper. Without them, our research project would not be able to finish successfully.

ABSTRACT

Music has always been one of the tools that can influence people's lives in everyday life. The effect of music not only has influenced others lives but also to students' lives. music helps the brain function in student's work performances such as helps release stress, boost energy and performances. There are various effects of music on people, either negatively or positively. students in conservatory of music college uitm are more likely to face common issues such as anxiety and stress during their studies. In fact, listening to music somehow helped the students in their mood and behaviour because these are closely related.

This research is executed to analyze the music genre that has affected the students' mood and behaviour while listening to certain genres. As music students there are a lot of different characters with different personalities in the faculty. Listening to music will trigger different types of emotion and the effect is to change their behaviour. The objectives of this study are to investigate what genres of music that students are listening to and to investigate the relationship between listening to different genres of music and students' behaviours. This research will use a qualitative method when collecting data through google form questionnaires. The results of this study will summarize which types of genre that has helped the students in improving their mood and behaviour. The importance of this study will help us to know which types of genres have a larger impact on undergraduate students' behaviour in the faculty of music UITM.

TABLE OF CONTENT

	Page
Declaration of Authorship	ii-iv
Acknowledgement	v
Abstract	vi
Table Of Content	vii-viii

CHAPTER 1: INTRODUCTION

1.1 Introduction	1-2
1.2 Background of Study	2-3
1.3 Problem Statement	3-5
1.4 Research of Study	5
1.5 Research Question	5
1.6 Significant of The Study	6
1.7 Limitation And Scope of The Study	6-7

CHAPTER 2: LITERATURE REVIEW

2.1 Definition of Music and Psychology	8-9
2.2 Effects of Music towards undergraduate students	10-11
2.3 Positive and Negative impacts of Music	11-12
2.4 Music and students' mood and behaviours	13

CHAPTER 3: METHODOLOGY

3.1 Research Design	14
3.2 Sample	14
3.3 Data Collection	15
3.4 Data Analysis	16

CHAPTER 4: RESULTS	
4.1 Introduction	17
4.2 Data Analysis	17-18
4.2.1 Demographic Data	18-19
4.3 Findings	19-39
CHAPTER 5: DISCUSSION AND RECOMMENDATION	
5.1 Introduction	40
5.2 Discussion	41
5.2.1 Research Question 1	41-42
5.2.1 Research Question 2	42-43
5.3 Recommendation	43
5.3.1 Recommendation for Students	44-45
5.3.2 Recommendation for Future Research	45-46
5.4 Conclusion	46
REFERENCES	47-49
APPENDICES	50-60