

Faculty of Administrative Science & Policy Studies Universiti Teknologi MARA

Bachelor of Administrative Science

Part-Time Job Among University Students: Exploring the Relationship Between Motivation, Stress and Time Management on Student Academic Performance

Name of Students:

Nur Aliah Natasha Binti Zulhairi
Nurhudatul Haziqah Binti Zainisham
2020859554
2020859554

JULY 2022

Abstract

This research aimed to investigate the relationship between motivation, stress, and time management on student academic performance in the context of students who work part-time jobs. The research was conducted from October 2021 until July 2022. This study employed a convenience sampling technique in collecting the survey data. This research used the quantitative method where a set of formalized questionnaire are used to obtain information from the students. The questionnaire for this research study was produced in a dual-language format, covering both English and Malay language. This research indicates on how motivation, stress and time management can influence student's academic performance. The results of this research revealed two important findings. Firstly, majority of the respondents were agreed that motivation, stress and time management can give a good impact in their learning experience to maintain their academic performance. Secondly, there is a significant relationship between student's academic performance and the factors that influencing their academic performance which are motivation, stress and time management. As a result, this study is in a unique position to contribute theoretically to the literature across multiple domains.

Keywords: Student's Academic Performance, Motivation, Stress, Time Management, Students in UiTM Seremban 3

Acknowledgement

First of all, we would like to thank Allah S.W.T. because without His blessing we will not be able to successfully complete this research proposal. Praise be to Allah for His guidance and assistance in completing this dissertation. Despite the challenges that we faced in completing this work, everything was successfully wrapped with the help and guidance from Allah SWT.

Apart from that, we would like to thank to our faculty, Faculty of Administrative Science and Policy Studies (FSPPP) that have given us the opportunity to do a research on this topic. We also want to sincerely thank our beloved Supervisor which is Madam Nor Ezrine Yusoff for all her sincere guidance towards us. She always gives us the supports to complete this research proposal. Without her guidance, we might not be able to produce good outcome for this research proposal. We would like to thank to her for sharing her pearls of wisdom with us during the course of this research proposal.

We would also want to express our sincere appreciation to our parents and family for always giving us the moral supports to us whenever we feel like giving up or having a mental breakdown during completing this research proposal. They always gave us an idea and helped us to carry out our research proposal. They really support us physically and mentally.

Last but not least, we would like to thank our classmates who have always sharing ideas, exchanging opinions and have struggling together in completing this research proposal. There are a lot of obstacles and challenges but we still manage to resolve it together. We hope that we manage to get good marks for this research proposal and everything we have done will be blessed by Allah SWT.

Table of contents

CHAPTER 1: INTRODUCTION

1.1	Introduction	1
1.2	Background of The Study	2
1.3	Problem Statement	3
1.4	Research Questions	4
1.5	Research Objectives	4
1.6	Scope of the Study	5
1.7	Significance of The Study	5
	1.7.1 Universities	5
	1.7.2 Students	6
	1.7.3 Parents	6
1.8	Definition of terms/concepts	6
	1.8.1 Part-Time Job	6
	1.8.2 Student Performance	7
	1.8.3 Motivation	7
	1.8.4 Stress	8
	1.8.5 Time Management	8

CHAPTER 2: LITERATURE REVIEW & CONCEPTUAL FRAMEWORK

2.1	Introduction	9
2.2	Literature Review	9
	2.2.1 Student Academic Performance	10
	2.2.2 Motivation	11
	2.2.3 Stress	13
	2.2.4 Time Management	14
2.3	Conceptual framework	14

	2.3.1 Student Academic Performance	15
	2.3.2 Motivation	15
	2.3.3 Stress	16
	2.3.4 Time Management	16
2.4	Theoretical Models	16
2.5	Hypothesis	17
	2.5.1 Relationship between motivation and student academic performance	17
	2.5.2 Relationship between stress and student academic performance	18
	2.5.3 Relationship between time management	19
	and student academic performance	
СНА	APTER 3: RESEARCH METHOD	
3.1	Introduction	20
3.2	Research Design	20
3.3	Unit of analysis	21
3.4	Sample size	22
3.5	Sampling technique	23
3.6	Measurement/Instrumentation	24
	3.6.1 Student Academic Performance	24
	3.6.2 Motivation	25
	3.6.3 Stress	26
	3.6.4 Time Management	27
3.7	Data collection	28
3.8	Data analysis	30
3.9	Pilot Study Result	31