UNIVERSITI TEKNOLOGI MARA
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POLICY STUDIES

A STUDY ON PERCEIVED STRESS AMONG UNDERGRADUATES DURING THE MCO AT UNIVERSITI KEBANGSAAN MALAYSIA (UKM)

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JULY 2022

ACKNOWLEDGEMENT

In the name of Allah, the Most Merciful and Gracious

It is a wonderful experience for us to learn and study this subject because it has a beneficial effect on us. Furthermore, this subject provides us with a wealth of expertise and information during these semesters. As a result, this subject is equally tough because we are learning new information. But we managed to finish the assigned assignment.

This project proposal could not be completed without the assistance of our adored supervisor, Madam Nurliyana Mohd Shazali is the supervisor. She had given us a lot of advice during the process of finishing this. During completing this project, we met her at her office, and she gave us the best guide in completing our project proposal. The process of completing this research project has made us realize that we will be unable to complete this project proposal without the direction of our supervisor and lecturer.

Aside from that, we'd want to thank all of the lecturers who contributed to this topic. As a result, we also gain a vital lesson throughout this process of learning.

Finally, we would like to thank our family members and friends for their moral support and counsel in completing this proposal. We would be unable to execute this subject project without their assistance and cooperation.

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ABSTRACT

The purpose of this study is to examine whether there is a relationship between multiple determinants and perceived stress level among undergraduates in Universiti Kebangsaan Malaysia (UKM). The determinants include demographic information, residential condition, online distance learning (ODL) and internet access. The main intention of this study is to find the primary determinants that influence the perceived stress level among undergraduates in UKM. The study involves cross-sectional and descriptive study where researchers use online surveys as the primary data collection tool. The respondents come from 341 undergraduates of UKM using a convenience sampling technique. Mean was used to measure the perceived stress level among undergraduates in UKM. Meanwhile, regression and correlation analysis were used to identify the relationship between a dependent variable and independent variables. The study did not give solid evidence of the relationship between determinants that influence the perceived stress level among undergraduates in UKM. Hence, it is suggested for future researchers to focus on a large scope of determinants that might influence perceived stress level among undergraduates nationwide.

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