

UNIVERSITI TEKNOLOGI MARA
FACULTY OF ADMINISTRATIVE SCIENCE &
POLICY STUDIES



PERCEIVED ACADEMIC STRESS AMONG
STUDENTS IN UiTM SEREMBAN 3, NEGERI
SEMBILAN

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ABSTRACT

This study was conducted to look the perceived academic stress among students in UiTM Campus Seremban, Negeri Sembilan. The research was conducted from October 2021 until July 2022. A total of 150 respondents completed a set of online questions using the quantitative sampling methodology. Most of the respondents are from UiTM students in Campus Seremban, Negeri Sembilan. The sources discovered in this study included academic stress, social stress and environmental stress. The purpose of this study is to examine the relationship between all variables that affect the students in UiTM Campus Seremban. For the purpose of examining the relationship between these three sources and stress among students in UiTM Campus Seremban, all respondents will be decomposed using IBM SPSS Statistics 20. It was determined that previous study had a substantial positive significant with the rate of stress among UiTM students in Campus Seremban. The research's findings indicate that academic stress have the greatest impact on stress among students.

Keywords: Academic Stress, Social Stress, Environmental Stress, Students.

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