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# Social Innovation Initiatives

Volume.2

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Faculty of Education

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# Table of Contents

NO.	TITLE PAGES	PAGES
	Table of Contents	
	About the Book	
1	Karnival MyJeram 2019 (Zumba & Voluntary activities)	1-2
2	"It's Never Too Late" Motivation Programme, Faculty of Education	3-4
3	Walkhathon De'Cendana	4-6
4	Educational Mural for Pre-School at Sekolah Kebangsaan Raja Muda (SBT)	7-8
5	Karnival Sukan Tradisional	9-10
6	HURES X ETSA: English Fun Day 2019	11-12
7	Science Technology Education Festival 2019	13-14
8	Sports for All: Growth Through Inclusivity	15-16
9	Ultimate Mathematics Challenge (UMC) 2019	17-18
10	Senamrobik Majlis Perasmian Program Sayangi Sawitku	19-20
11	Taburkan Jasa & Semaikan Budi Programme	21-22
12	'Ujian SEGAK' Phase 1/2019 Carnival: SK Raja Muda, Seksyen 4, Shah Alam	23-24
13	English Language Empowerment Camp	25-26
14	Klinik Keselamatan Sukan Lasak 2019	27-28
15	SchoWALL STREAM: Selangor TABIKA KEMAS PINTAR STREAM Mural Project	29-30
16	Sehari Bersama Garaj Belia MBSA	31-32
17	Projek IQRA	33-34
18	Casuarina E-Sport Championship (CESC)	35-36
19	English Please! 2.0 (2019)	37-38
20	Latihan Kesukarelawan Projek Promosi Kesihatan (Skuad MySihat) Siri 1/2019.	39-40
21	Artventure.19	41-42
22	Program Penanaman Pokok Nipah, Kelestarian Sg Kajang, Tanjung Karang	43-44
23	Readers' Theatre Workshop: SK Seri Sekinchan	45-46
24	X.O.X @Decathlon	47-48



# About The Book

This book is a compilation of summaries that describe the programmes that have been run by the academics and students at the Faculty of Education, Universiti Teknologi MARA. The main objective of the programmes is to create a platform for the faculty members to take part in social innovation projects in the local community. More importantly, the programmes also complement the students' regular class experience as they also can learn a range of skills that can make them more active socially and entrepreneurially.

## Definition of social innovation:

Social innovations are new ideas that meet social needs, create social relationships and form new collaborations. These innovations can be products, services or models addressing unmet needs more effectively.

# 14. Klinik Keselamatan Sukan Lasak 2019

## Contributor

Ahmad Fahim Zulkifli

## What

This program was organised to expose high-school students to various outdoor activities like abseiling and knotting as well as to their safety aspects and emergency aids. The half-day clinic provided the students opportunities to handle, manage, and use various equipment and techniques safely and correctly. This clinic was also an initiative to reduce the gap between UiTM and local schools. The support benefited not only the pre-serviced teachers but also the participants of the clinic.

## Who

The final-year undergraduates majoring in Physical and Health Education were responsible for planning and engaging with the school. Additionally, they were involved in preparing, guiding and demonstrating the activities to the students throughout the program. The students were pre-serviced teachers trained not only in physical and health education but also to lead various physical activities involving individuals from all walks of life. Additionally, the final-year students were well equipped with outdoor knowledge, skills and experience in handling activities in various situations.

## When

It was held on the 13th April 2019.

## Where

The program was conducted at SMK Saujana Utama, Sungai Buloh Selangor.







## Story

This clinic was planned with the aims to promote outdoor activities to high school students. With the facilitators' supervision, the application of station learning, and rotation system allows all the students to experience and practise each of the outdoor activities. Due to limited number of equipment, only a small number of student-athletes were chosen to participate in the clinic. Nonetheless, the facilitators were able to ensure that all the students had equal chance and practice time handling and experimenting with the equipment such as figure eight, rope, and harness.

## Beneficiaries/ Stakeholders

The clinic was organised to provide the high school students the opportunity to experience various outdoor activities in a safe and supervised manner. Moreover, it also aimed to educate them the proper technique and rationale for safety when doing outdoor activities as having correct techniques not only guarantees enjoyment and movement efficiencies but also could reduce risks of getting injuries. The group-activities in some of the stations had also promoted higher engagement among them. The Faculty of Education, UiTM collaborated with other stakeholders to achieve the objectives of the program.

## Key lessons

This clinic was beneficial to the students and student-athletes. They seemed eager and excited to learn and handle the equipment. The short and concise demonstration allowed them to better learn and understand its safety aspects and more time doing the activities. The facilitators also helped the participants to feel confident handling the equipment and executing some movements. Through the activities, the prospective teachers would be able to better understand the needs of student-athletes and, most importantly, anticipate and prevent untoward incidents from happening when conducting future outdoor activities.



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