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Social Innovation Initiatives

Volume.2

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Faculty of Education

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About The Book

This book is a compilation of summaries that describe the programmes that have been run by the academics and students at the Faculty of Education, Universiti Teknologi MARA. The main objective of the programmes is to create a platform for the faculty members to take part in social innovation projects in the local community. More importantly, the programmes also complement the students' regular class experience as they also can learn a range of skills that can make them more active socially and entrepreneurially.

Definition of social innovation:

Social innovations are new ideas that meet social needs, create social relationships and form new collaborations. These innovations can be products, services or models addressing unmet needs more effectively.

8. Sports for All: Growth Through Inclusivity

Contributor

Mawarni Mohamed

What

The Sports for All event was a class project for Adapted Physical Education course. The event was organized by the semester eight students undergoing the Bachelor of Physical and Health Education Program, at UiTM Puncak Alam, Selangor.

Who

The one-day event saw 19 Physical and Health Education students meeting the overall program objectives, performing as facilitators, managing 49 students from a special-education class and interacting with 10 teachers. The students have learning disabilities due to Down Syndrome, visual and hearing disabilities and two of them were wheelchair-bound.

When

The event was held on the 12th of November 2019.

Where

The opening and closing ceremonies were held at the special education class building and the sports event was held on the pitch of Sekolah Menengah Kebangsaan Meru, Klang, Selangor.





Story

The project manager, secretary, and game director visited the school administrators to plan for the project. A series of visits and discussions between the respective lecturer acting as the advisor and teachers from the special school were conducted. The discussions revolved around the types of games suitable for the kids, activities for warming up and induction sessions as well as sports equipment required. As a lecturer in charge, certain guidelines in dealing specifically with how to approach kids with disabilities were given. Regular visits and discussions with the teachers also helped to provide better understanding of the kids' disability issues so that games could be carefully selected. Consequently, the kids had an enjoyable time and even the teachers enjoyed the activities as spectators and players during the event.

Beneficiaries/ Stakeholders

The students majoring in Physical and Health Education program had benefitted a great deal from having the experience establishing a partnership with the school as it helped widen their academic horizon and enabled them to conduct various activities outside the classroom. Thus, the activity was expected to enrich the students' knowledge, increase their roles in the society as students and give them the proper platform to share their ideas with the school students having learning, sensory and physical disabilities.

Key lessons

The students learned about the importance of having disability awareness as the knowledge had enabled them to opt for the activities suitable for the learners with different abilities. This is important to ensure that the games were not only reasonably challenging and less strenuous to avoid injuries but also fun. Our students were also kind enough to donate some sports equipment they had bought from the Decathlon for the school to use. This is to encourage learning through physical activities and promote healthy lifestyles among the school children.



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