## Journal of Clinical and Health Sciences, Vol 7 Issue 2(Supplementary) 2022

i) International Conference on Post-Covid Healthcare, Medical Research and Education, 29-31 March 2022 ii) 35th Annual Scientific Meeting of the Malaysian Society of Pharmacology and Physiology (MSPP 2022), 26-28 July 2022 https://doi.org/10.24191/jchs.v7i2(S).19282

## (O) 106

## HYGIENE AS OBLIGATORY DUTY OF ISLAM TO MEET THE RISING NEEDS FROM THE PANDEMIC COVID-19 ACCORDING TO THE NEW NORM

Zainab Hisham<sup>1\*</sup>, Zanirah Mustafa@Busu<sup>2</sup>, Noraini Junoh<sup>1</sup>, Nik Zam Nik Wan<sup>3</sup>, Nik Muniyati Nik Din<sup>2</sup>, Nurhidayah Muhammad Hashim<sup>4</sup>, Zulkarnain Yusoff <sup>1</sup>

- 1. Academy of Contemporary Islamic Studies (ACIS), Universiti Teknologi MARA, Machang Campus, Kelantan
- 2. Academy of Contemporary Islamic Studies (ACIS), Universiti Teknologi MARA, Kota Bharu Campus, Kelantan
- 3. Faculty of Accountancy, Academy of Contemporary Islamic Studies (ACIS), Universiti Teknologi MARA, Machang, Campus, Kelantan
- 4. Academy of Contemporary Islamic Studies (ACIS), Universiti Teknologi MARA Shah Alam, Selangor

Email: 2021804206@uitm.edu.my

Introduction: Attention to cleanliness is an essential foundation of faith. Every Muslim must maintain the cleanliness of the human body and requires a mandatory mode of hygiene. The Covid-19 pandemic will bring uncertainties that affect hygiene and the necessities of healthy living. Thus, the article on hygiene and beneficial living aims to assess the level of hygiene practices among the Muslim community to protect themselves from COVID-19 infection. This article aims to find out the organization of personal hygiene and healthy living that will help maintain interest in performing duties while maintaining cleanliness in daily routines, especially during the COVID pandemic among the Muslim community. **Methods:** This study used a qualitative descriptive research approach. Library research is done through books, magazines, journals, the internet and so on. In addition, by conducting observational studies from previous research studies as well as the views of eminent scholars. Results: The results of empirical tests will provide a basis for managing mandatory tasks in moderate or adverse conditions. The findings show that a) significant demands of personal hygiene practices according to Islamic Figh and its comparison according to modern medicine relate to health to protect themselves from COVID-19 infection and b) there is a positive influence on inconsistent hygiene practices. Conclusion: Appropriate measures can be taken to initiate the development of compulsory duty activities according to the requirements of the new norm, especially to prevent infection of any disease, including COVID-19 epidemic.