

# OFFICE WORKERS HEALTH AND INJURIES IN GOVERNMENT SECTOR IN THE STATISTIC DEPARTMENTS OF MALAYSIA, MUAR, JOHOR DARUL TA'ZIM

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### ABSTRACT

The purpose of this study is to determine the risks of health and injuries on office workers of Statistic Departments of Malaysia (Jabatan Perangkaan Malaysia), Muar, Johor Darul Ta'zim. This study also examines the safety level and the risks that faces by office workers of Statistic Departments of Malaysia, Muar, Johor Darul Ta'zim.

All the information obtained will be collected through the questionnaire survey as the main instrument for this study. The questionnaires include 33 questions in all. It is divided into six questions in part A, 9 questions for each section B, C and D. Other than employee survey methods, researchers have also used the observation method. With this method, researchers can see the way the work done by employees and their behavior in the office.

In this study are described on the factors of the accident or injury and the impact on employee's health consequences of not adopting the correct procedures when working. Survey questionnaires were distributed to employees in Statistic Department at Muar, Johor. A total of 40 respondents were selected to fill out these questionnaires. Workers involved range from subordinates such as clerks, general workers and so on. The mid-level managers such as supervisors also joined and high level employees such as department managers and branch directors are also involved.

ii

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### TABLE OF CONTENTS

	Page
Abstract	ii
Acknowledgement	iii
List of Figures	vi
List of Tables	

## CHAPTER 1

CITATER I		
INTRODUCT	TION	
1.1	Background of the study	01
1.2	Statement of the Problem	02
1.3	Research Objectives	03
1.4	Research Questions	
1.5	Significance of the Study	04
1.6	Scope of study	
1.7	Definitions of Terms	05

## CHAPTER 2

### LITERATURE REVIEW

2.1	Introd	luction	
2.2	Defin	ition of Acceptance	
		Office Workers Health and Injuries	
		Office Ergonomics	
		Employees Stress	
		Safety Protocol	
	2.2.5	Work Environment	14
2.3	Theor	retical Framework	16

## CHAPTER 3 METHODOLOGY

IODOL	JOGY	
3.1	INTRODUCTION	
3.2	Research Design	
3.3	Sampling Frame	19
3.4	Sampling Technique	19
3.5	Sample Size	20
3.6	Unit of Analysis	20
3.7	Data Collection Procedures	20
3.8	Instruments	
3.9	Validity of Content	22

## CHAPTER 4 FINDING OF STUDY

<ul> <li>4.1 Introduction</li></ul>	ING OF	ING OF S	STUDY	
	4.1	4.1 1	Introduction	23
4.3 Demographic Profile Tables			•	

### **CHAPTER 1**

### INTRODUCTION

### 1.1 Background of study

Nowadays we heard a lot of employee's accident and injuries in our local office no matter in government or private sectors and no matter whether they are using computers or industrial machine in their job. Accidents at work can happen to anybody at anytime. In certain environments, specific types of accidents can be more common than others. For example, people who worked at the industrial section would be more likely to suffer burns or breathing problems from working with hazardous substances than if you worked in an office. However, working in an office also has their own problems and it is usually in a long term effect to the workers such as back pain, carpal tunnel syndrome, muscular pain, and so many more healthy problems. Based on our topic, we will investigate and try to figure out the problems and the best solution on work injuries in the government sector which is an office environment to find out the causes and other linked factor that contributed to these problems.

Many people believe that since offices lack many of the physically stressing tasks of most places, it is a place of comfort and little stress. Those who have worked in an office, however, know about the stresses involved and know that working under stressful conditions alongside unsafe conditions at work can spell disaster, even in a corporate environment.

According to (Hall, 2010, health and safety best practice in the office: what small business should be going to keep employees safe in the office) stated that office workers