

**EXPLORING THE RELATIONSHIP BETWEEN  
ANOREXIA AND AWARENESS TOWARDS PRO-ANA  
WEBSITES AMONG THE UITM STUDENTS AT AKASIA  
COLLEGE**

**RASHIDAH BINTI ROZI**

This project is submitted to Faculty of Information Studies, MARA University  
of Technology in partial to fulfillment of the requirement for Bachelor of  
Science (Hons) Information Studies majoring in Information System  
Management

**FACULTY OF INFORMATION STUDIES**

**MARA UNIVERSITI OF TECHNOLOGY**

**MARCH 2002**

## ACKNOWLEDGEMENT

Assalamualaikum,

First of all, I would like to express my greatest gratitude to all the people who have been involve with my thesis to get it done. To the hard time, finally I was able to put this precious piece of work up to completion.

A big thanks also to Puan Sharifah Muzlia Syed Mustafa, for the support, guidance and helping me to solve all the problems arise throughout my research study.

I would also like to convey my sincere appreciation to my Course Coordinator, Puan Haryani Haron, for her patience and understanding in helping me to come out with thesis.

Finally, I won't forget to thank my supervisor, Puan Jamaliah Taslim, my family and friends for their supports and understanding.

Thank you.

***Rashidah Rozi***

***99986211***

***UiTM Campus Section 17***

***March 2002***

## **ABSTRACT**

With the sophisticated technology nowadays, the world has been introduced to the high-speed information provider, known as Internet. With its great speed and its role of delivering information, Internet has been mis-used by some people. With Internet, websites are developed to fulfill this urgency. The creation of websites leads us to the creation of 'pro-ana' websites, where these sites promote anorexia, an eating disorder as a good thing. The study undertaken is to determine whether the studies on the exploring of the relationship between anorexia and awareness towards pro-ana websites among the UiTM students at Akasia College, section 18, Shah Alam, Selangor Darul Ehsan. At the same time, it is also to know the students feedback on this matter. The students involved in this research are chosen specifically from Block 6 and Block 9 of Akasia College.

# TABLE OF CONTENTS

**ACKNOWLEDGEMENT**

**ABSTRACT**

**TABLES OF CONTENTS**

**LIST OF TABLES**

**LIST OF FIGURE**

<b>CHAPTER</b>	<b>PAGE</b>
<b>1 INTRODUCTION</b>	
1.0 Introduction	1
1.1 Background of Study	4
1.2 Statement of the Problem	10
1.3 Objectives of The Study	12
1.4 Research Questions	12
1.5 Significance of The Study	13
1.6 Limitations of The Study	14
<b>2 LITERATURE REVIEW</b>	
2.0 Introduction	15
2.1 Definitions of Anorexia and Its Symptoms	17
2.2 Views On Pro-ana Websites	19
2.3 Conclusion	27
2.4 Conceptual Framework	29
2.5 Operational Definitions	30
<b>3 METHODOLOGY</b>	
3.0 Design of The Study	31
3.1 Population and Sampling	33
3.2 Instruments	34
3.3 Data Collection Procedures	36
3.4 Data Analysis	37

<b>4</b>	<b>RESULTS</b>	
	4.0 Results	38
	4.1 Demographic Findings	39
	4.2 Research Question # 1	41
	4.3 Research Question # 2	42
	4.4 Research Question # 3	46
	4.5 Research Question # 4	48
	4.6 Research Question # 5	51
<b>5</b>	<b>DISCUSSION AND RECOMMENDATIONS</b>	
	5.0 Discussion of Findings	56
	5.1 Research Question # 1	58
	5.2 Research Question # 2	58
	5.3 Research Question # 3	59
	5.4 Research Question # 4	60
	5.5 Research Question # 5	62
	5.6 Conclusion	64
	5.7 Recommendations	65

## **REFERENCES**

## **APPENDICES**

Letters of Permission

Questionnaires

SPSS Analysis