



اَوْنِيُوْزَسِيْتِيْ بِاَتِيْكَوْ لُوْ كِيْ بِاَمَارَا
UNIVERSITI
TEKNOLOGI
MARA

**FACTORS THAT INFLUENCE JOB STRESS IN
WORKPLACE: A SURVEY AT KOLEJ UNIVERSITI
ISLAM PERLIS**

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‘DECLARATION OF ORIGINAL WORK’

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Hereby, declared that:

- The work has not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of our information have been specifically acknowledged.

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ABSTRACT

This study investigates the relationships between structure and organization climate, management role, workplace relationship and intrinsic factors in employment with employees' job stress. A survey conducted among 127 employees working at Kolej Universiti Islam Perlis (KUIPs). The data was analyzed by using regression analysis technique and the results obtained show that three out of four independent variables, structure and organization climate, management role and workplace relationship have a significant relationship with employees' job stress. Meanwhile, one independent variable which is intrinsic factors in employment had no significant relationship with employees' job stress. This study had been crucial as for organization to understand how the structure and organization climate, management role, workplace relationship and intrinsic factors in employment affects the employees' job stress and several recommendations were put forth for the practitioners in enhancing the level of employees' job stress by acknowledging the importance of all variables.

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