

THE RELATIONSHIPS BETWEEN JOB STRESS AND
PRODUCTIVITY AMONG EMPLOYEES AT
RISDA SARAWAK

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- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
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Abstract

The main objective of this research is to study the relationship between job stress and productivity in the RISDA Sarawak. There are 100 sets of questionnaires were prepared and distributed to the targeted respondents who are working in the organization. After that, the SPSS software was used to examine those data which were collected and also to generate the final result. The result shows that, there are significant correlations between employee productivity with the other two independent variables (workload demand and social frame). The major findings, limitations for the study, implications of the study and recommendations of this study will be discussed.

TABLE OF CONTENTS

	Page
AUTHOR'S DECLARATION.....	ii
ABSTRACT.....	iii
ACKNOWLEDGEMENT.....	iv
TABLE OF CONTENTS.....	v
LIST OF TABLES.....	viii
LIST OF FIGURES.....	ix
APPENDICES.....	x
CHAPTER 1	
INTRODUCTION.....	1
Background of the Study.....	1
Statement of the Problem.....	2
Research Objectives.....	3
Research Questions.....	4
Significance of the Study.....	4
Limitations of the Study.....	5
Definition of Terms.....	6
CHAPTER 2	
LITERATURE REVIEW.....	8
Definition.....	8
Workload Demad.....	9
Social Frame.....	12
Productivity.....	13
Conceptual Framework.....	15

CHAPTER 1

INTRODUCTION

Background of the Study

Stress was a general component and persons who face stress will do anything to release the tension. According to Intiaz and Ahmad (2011), employers are fundamental investigating the stress issues that encourage employees to move job performance and productivity that can affect organizational goals and objectives. At the point when the level of stress turns out to be too high, the performance of employees will decrease (Gino, 2016).

In past study, the decline in result human performance from the work condition had certainly had one of the most comprehensive learns all the psychological problems (Mackworth, 2013). The results showed by the indicator that causes his error reference major other is their major issue in model health.

Based on an article by Health and Safety Executive (2012) the stress can be occur at any business level and that the research it's showed that the stress due to from work extensive and unsure to certain sectors job or industry. The workplace will