



**THE RELATIONSHIP BETWEEN EMPLOYEES JOB
STRESS AND PERCEIVED PSYCHOLOGICAL HEALTH
STATUS AT FACULTY OF APPLIED ARTS, FACULTY OF
SCIENCE AND FACULTY OF COMPUTER SCIENCE IN
UNIVERSITI MALAYSIA SARAWAK (UNIMAS)**

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**BACHELOR IN OFFICE SYSTEMS
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FACULTY OF BUSINESS MANAGEMENT

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- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
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ABSTRACT

This study was conducted to find out the relationship between job demand and job control related with the employee's perceived health status. This study was held among the employees management in three selected faculties such as Faculty of Applied Arts, Faculty of Science and Faculty of Computer Science in Universiti Malaysia Sarawak (UNIMAS). The main objective of this study was to investigate the relationship between job demand which are workload and time pressure and job control which are skill discretion and decision authority related to the employees perceived physical health status. The total of 118 of employees that work in three selected faculties in UNIMAS was taken to be the respondent. The questionnaire was used in order to collect the primary data. The data collected from the questionnaire was analyzed using SPSS version 22. Pearson correlation was conducted in order to determine the degree of variables. As the result, there were very weak correlation and no significant between variables which were workload and decision authority. The data collections need to exclude the various type of employees in the future research in order to get the variety of results.

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