A RELATIONSHIP BETWEEN ORGANIZATIONAL STRESS AND JOB SATISFACTION AMONG OFFICE SUPPORT PERSONNEL AT DEPARTMENT OF INFORMATION KUCHING, SARAWAK

Prepared for: ASSOCIATE PROFESSOR DR. HAJAH HALIMATON BINTI HAJI KHALID

Prepared by: NORASYIRAH BINTI ZAINAL ABIDIN BACHELOR IN OFFICE SYSTEMS MANAGEMENT (HONS.)

UNIVERSITI TEKNOLOGI MARA (UiTM) FACULTY OF BUSINESS MANAGEMENT

July 2016



BACHELOR IN OFFICE SYSTEMS MANAGEMENT (Hons.) FACULTY OF BUSINESS MANAGEMENT

"DECLARATION OF ORIGINAL WORK"

I, Norasyirah Binti Zainal Abidin, (I/C: 930114-05-5052)

Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:		Date:
------------	--	-------

ABSTRACT

The purpose of this study was to identify the factors that contribute to organizational stress among the office support personnel and to identify a relationship between organizational stress and job satisfaction. The methodology that was used for this study was simple random sampling, to select the sample size that consists of the employees at the Department of Information, Kuching.

The data had been collected using questionnaires which were divided into three sections. Section A focused on demographic background of respondents, Section B focused on the factors of organizational stress meanwhile Section C focused on the job satisfaction. A set of 93 questionnaires was distributed to 93 respondents at the Department of Information, Kuching with 100% response rate. It was analyzed using SPSS Version 20.0.

According to the findings for the first research objectives, it was found that role ambiguity is the highest factor that contributes to the organizational stress had the mean value of 3.51, followed by leadership 3.49 and lastly, workload 3.39. This is because according to the mean scores, the higher the mean value, the most significant it is. Besides that, the factors are accepted because the mean score is more than 3.00.

Based on the findings for the second research objectives, it was found that there is a weak and negative relationship between role ambiguity and job satisfaction. The correlation coefficient is (r = -.233). On the other hand, there is a moderate and negative relationship between leadership and job satisfaction. The correlation coefficient is (r = -

ACKNOWLEDGEMENT

I would like to begin by expressing my gratitude to Allah SWT for His most mercy and bless, to whom I owe the strength that enables me to complete this research without many barriers and difficulties. Most important, my deepest thanks goes to my respected research supervisor, Associate Prof. Dr. Hajah Halimaton Haji Khalid for her guidance, support, comments, and encouragement. Her supervision is highly appreciated.

I would like to express my sincere thanks and profound gratitude to all respondents at the Department of Information, Kuching in giving me very useful information to complete this study. Special thank also goes to my beloved parents for their support and encouragement during my long journey in completing this study. I also would like to thank my friends for their massive help and shared information. Last but not least, I would like to extend my thanks to those who were involved, either directly or indirectly in the completion of this report.

Thank you.

Norasyirah Binti Zainal Abidin (2013211816) July, 2016 Faculty of Business Management Universiti Teknologi MARA

TABLE OF CONTENTS

AUTHOR'S DECLARATIONii
ABSTRACTiii
ACKNOWLEDGEMENT
TABLE OF CONTENTS vi
LIST OF TABLES ix
LIST OF FIGURES x
LIST OF APPENDICES xi
CHAPTER 1
INTRODUCTION
Background of the Study1
Statement of the Problem
Research Objectives
Research Questions
Significance of the Study5
Limitations of the Study
Definition of Terms7
CHAPTER 2
LITERATURE REVIEW
Organizational Stress
Workload11
Leadership12