

UNIVERSITI TEKNOLOGI MARA

**HEALTH-RELATED QUALITY OF
LIFE AFTER TRAUMATIC BRAIN
INJURY: MALAYSIAN
TRANSLATION AND VALIDATION
OF QOLIBRI**

MAISARAH BINTI RAFEK

MSc

August 2020

AUTHOR'S DECLARATION

I declare that the work of this thesis was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the result of my own work, unless otherwise indicated or acknowledge as referenced work. This thesis has not been submitted to other academic institution or non-academic institution for any degree or qualification.

I, hereby, acknowledge that I have been supplied with the Academic Rules and Regulations for Post Graduate, Universiti Teknologi MARA, regulating the conduct of my study and research.


Name of Student : Maisarah Binti Rafek

Student I.D. No : 2016266432

Programme : Master of Health Sciences (Physiotherapy) –
HS763

Faculty : Health Sciences

Thesis title : Health-Related Quality of Life After Traumatic
Brain Injury: Malaysian Translation and
Validation of QOLIBRI

Signature of Student : 

Date : August 2020

ABSTRACT

Traumatic Brain Injury (TBI) is the world leading cause of mortality among children and young adult worldwide. In the year of 2020, TBI will become the third largest cause of global disease burdened. There will be a lot of problem faced by individual surviving TBI that lead to activity and participation restriction, thus cause to reducing the level of quality of life (QOL). Currently, QOLIBRI questionnaire were used to measure the level of health-related quality of life (HRQOL) among TBI survivors. Thus, the translation and validation of QOLIBRI questionnaire into Malay language were done as part of the process to measure the level of HRQOL among TBI patients in Malaysia. One-hundred and sixty-two TBI patients were involved in this study. The result shows of moderate level of QOL among TBI survivors in Malaysia (n=87, 53.7%). The Malay version of QOLIBRI (M-QOLIBRI) are proved to be reliable with overall alpha value was 0.911. Overall ICC for M-QOLIBRI also shows a good value (ICC = 1.00) thus making the translated version a reliable instrument tool. T-test result also show no significant differences between the first and second administration of the M-QOLIBRI ($t = 1.897, p > 0.05$). No significant correlation shown between the M-QOLIBRI score with patients age ($r = -.111, p > 0.05$) and time since injury ($r = -.117, p > 0.05$). Factor analysis were used to check for the validity of the instrument. The KMO value in this study show acceptable value (0.786) that prove the sample gathered in this study was adequate.

ACKNOWLEDGEMENT

Firstly, I would like to thank Allah for giving me the opportunity in completing this long and challenging journey of my Master. My utmost gratitude and thank to my Supervisor, Dr. Haidzir Manaf for the support, idea and guidance throughout the years of my studies. To my co-supervisor Assoc. Prof. Mazlina Binti Mazlan, University Malaya Medical Centre (UMMC), for the idea, knowledge and assistance as well as providing the place for my data collection throughout study. I would also like to express my gratitude to Sungai Buloh Hospital, Dr. Azira Binti Ismail and Cheras Rehabilitation Hospital, Mdm. Foo for providing the facility, knowledge and assistance.

Finally, I would like to dedicate this thesis to both of my lovely and dear parents, to my brother and sisters for giving me support, prayers and encouragement throughout my study.

TABLE OF CONTENT

	Page
CONFIRMATION BY PANEL OF EXAMINERS	ii
AUTHOR’S DECLARATION	iii
ABSTRACT	iv
ACKNOWLEDGEMENT	v
TABLE OF CONTENT	vi
LIST OF TABLES	x
LIST OF FIGURE	xi
LIST OF ABBREVIATION	xii
CHAPTER ONE: INTRODUCTION	1
1.1 Background of Study	1
1.1.1 TBI and its Causes	2
1.1.2 Classification of TBI	3
1.1.3 Quality of life and TBI	4
1.2 Problem Statement	6
1.3 Objective of Study	8
1.4 Study Hypothesis	9
1.5 Significant of Study	9
1.6 Scope of The Study	10
1.7 Delimitation of Study	10
1.8 Definition of Terms	10
CHAPTER TWO: LITERATURE REVIEW	12
2.1 Introduction	12
2.2 Conceptual Framework	12
2.3 The Quality Of Life Among TBI patients	16
2.3.1 Consequences of TBI	16
2.3.1.1 <i>Physical Disability</i>	16