

DESIGN DECODED 2021 : ART EXHIBITION



*Decrypt your  
visual creativity*

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## Eyka Adnan

### Cakap Baik-Baik



Cakap Baik-Baik is a Malay phrase meaning saying good things. It was my third exhibit of artwork. It is a good start because I love being an artist, but don't have much time to spend and practice. This time, I bring my graphic design and communication experience to produce my artwork. Inspired by continuous line drawing and Memphis Style which is one of the most instantly recognisable design style. A self-imposed practice of creating digital artwork, I have expanded upon the themes and ideas generated to create Cakap Baik-Baik in the form of mouth is reciting dhikr which are phrases or prayers being recited repeatedly (Subhanallah, Alhamdulillah & Allahuakbar). Playing with pastel colors, organic shapes, and line drawing, this artwork experiencing the feel of fresh in the new look of Islamic contemporary art. I'm using continuous line drawing to visualize the mouth as we know that the mouth is continuously speaking all the time. Between the lips we can see 3 words of dhikr written in Bahasa Melayu using handwriting style. It shows as if the mouth is reciting the dhikr.

Cakap Baik- Baik reminds me of when I was little. When parents are angry with their little ones, they like to say, "Lucky boy!" Sometimes my own mother, when she was angry, will say, "You're really good!" Even though what they said sounds good, as children, we can still understand that they are scolding us. Saying good things is already part of our prayers. Whether it is spoken to others or to oneself. There are many who talk about the importance of prayer and the good things we say to others, especially our own children. I agree that when we often say good things it has a force that allows it to come true. Either way, saying good things to yourself often takes the form of 'talking in the heart'. When we often speak to ourselves with a particular sentence, it has already become a 'belief' in oneself. Believe me, it has power. Consciously or not, we are often trapped in our own thoughts. When there is anxiety and over thinking, we trap ourselves in a fear of something uncertain. This matter is referred to as 'self fulfilling prophecy' which is widely discussed in motivational books written by local or foreign authors. Clearly, we must have the habit of talking and mentioning to others and ourselves good things. Even though we know that experience shows that bad things are happening, our self -confidence will be maintained. When the verse mentioned is positive and convincing, the first result is emotional stability. Thus, the mind also becomes free and all the challenges ahead are seen as normal.

So, Cakap Baik-Baik because those words are like a bouncing prayer too.



**NURUL ATIKAH ADNAN**

Cakap Baik-Baik

Digital

11.7 x 16.5 inches

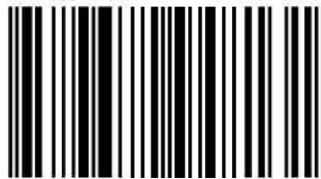
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