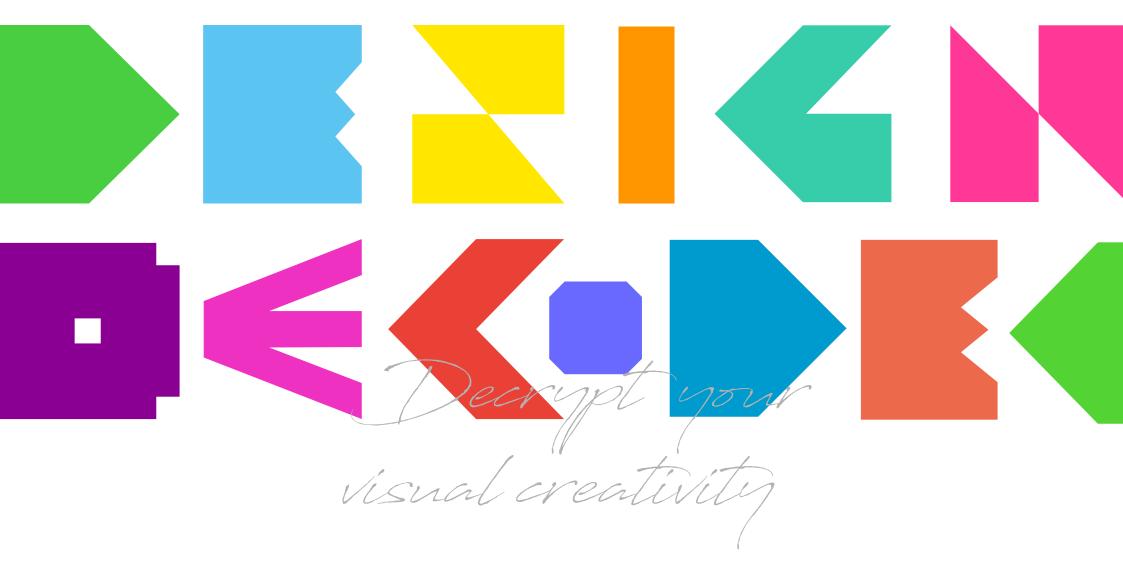
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Nor Arseha Karimon

Life as Letter a



We create our lives inside our own minds. The way we see them shapes experiences. Life is happiness, joy, sadness, disappointment, success, failure, good or bad (depending on how we view it), fulfilling in many areas such as financial, health, spirituality, growth, being, awareness, intelligence, development, family, love, relationships, communication and everything else. When you achieve all these and know what you want, what you are striving for, what your goals are, you have come to a realization. With this achievement, you have achieved your mission and you have reached the appropriate goal. "What the human mind can conceive and believe, it can achieve."

In order to create life, it must be created by thoughts. The mind is where everything is created, then becomes our reality. Our thoughts are the energy that can create and shape the the physical world around us. Each thought has its own frequency as well as a magnetic force to attract the same or similar thoughts. The flower is symbolic of positive thoughts that come from your mind. All the positive and complicated thoughts are like a mystery in beautiful jungle. The power to change our physical reality comes from the fact that everything in the universe is a form of energy with its own frequency, if we can focus a thought in a focused time frame, it will attract other thoughts that are similar or the same. The way your mind, your body is just as important as how you think. Take pride in your

appearance, and use it to project the feelings of strength, confidence, and inspiration. You'll have the freedom to appreciate all that you have. It's important to remind yourself to think positively, as this will ultimately allow you to feel more grateful and less defensive.

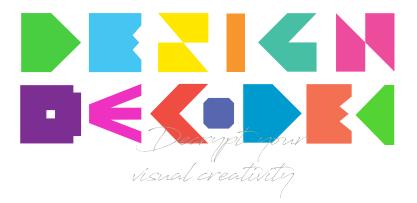
Depending on what will dominate the thinking of reality and such events, you will experience it as it happens to you. Life starts with 'a' and 'a' is the beginning of everything. A is the beginning of life. It may be symbolic that is difficult for us to understand, but the existence of a human being on this earth begins from his life in the womb of a mother. The scene is very beautiful because of this beauty we always have to appreciate life. Life though difficult, though full of challenges, is beautiful. We should always celebrate lives, we should also strive to be prepared to deal with hardships and challenges. Therefore, life should not only be a bed of roses; thorns are also a part of it, and they should be accepted in the same way that we accept the lovely aspects of life. Thorns serve as a reminder of how to avoid frustration. and happiness by remembering that the thorn's sting is short-lived and that the beauty of life will soon surpass the thorn's sting.



NOR ARSEHA KARIMON Life as letter a

Pen Black & White + digital 29.7 cm x 42 cm norar414@uitm.edu.my

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