

**UNIVERSITI TEKNOLOGI MARA**

**NEUROPROTECTIVE EFFECTS OF  
ETHANOLIC EXTRACT OF *Centella  
asiatica* (CAE) ON  
METHAMPHETAMINE-INDUCED  
NEUROTOXICITY**

**NURSYAMILA BINTI SHAMSUDDIN**

**MSc**

**May 2020**

## AUTHOR'S DECLARATION

I declare that the work in this thesis was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise indicated or acknowledged as referenced work. This thesis has not been submitted to any other academic institution or non-academic institution for any degree or qualification.

I, hereby, acknowledge that I have been supplied with the Academic Rules and Regulations for Post Graduate, Universiti Teknologi MARA, regulating the conduct of my study and research.

Name of Student : Nursyamila Binti Shamsuddin

Student I.D. No. : 2015749663

Programme : Master of Science (Pharmacogenomics) – PH750

Faculty : Pharmacy

Thesis Title : Neuroprotective Effects of Ethanolic Extract of  
Centella asiatica (CAE) on Methamphetamine-  
Induced Neurotoxicity

Signature of Student : .....

Date : May 2020

## ABSTRACT

Plant-derived antioxidants are known as promising therapeutic agent due to its effectiveness and minimal side effects. Till today limited natural-derived antioxidant is available to attenuate neurotoxicity induced by psychostimulant drug, methamphetamine (METH). Persistence and long term abuse of METH promotes loss of dopaminergic neurons which eventually results in neurodegenerative disorders including Parkinson's disease (PD). A traditional medicinal herb, *Centella asiatica* or pegaga has been well studied to exert neuroprotective and antioxidant properties. Herein, we examined potential neuroprotective effects of ethanolic extract of *Centella asiatica* (CAE) on METH-induced neurotoxicity, *in vitro* *all-trans* retinoic acid (RA) differentiated human neuroblastoma, SH-SY5Y cells and *in vivo* Sprague-Dawley rat model. The RA-differentiated SH-SY5Y cells was used to resemble dopaminergic neuronal-like cells. Cytotoxicity, neurotoxicity as well as neuroprotective effects of CAE were measured via 3-(4,5- dimethylthiazol-2-yl)-5-(3-carboxymethoxyphenyl)-2-(4-sulfophenyl)-2H-tetrazolium, MTS assay against METH-treated SH-SY5Y cells. Results showed that CAE significantly decreased the viability of the undifferentiated SH-SY5Y cells in concentration-dependent manner. In addition, CAE (1mg/mL) significantly increased the viability of neuron cells and did not caused toxic effects on cells. CAE at concentrations of 100pg/mL and 1mg/mL conferred significant neuroprotective effects against METH- induced neuronal-cell death. Meanwhile, through *in vivo* Sprague-Dawley rat model, neuroprotective effects of CAE on PD-like symptom was evaluated through behavioural test. Further, involvement of manganese superoxide dismutase (SOD2) and microRNA, miR-34a in brain as antioxidant and neuroprotection biomarker was measured by Quantitative Real-time Polymerase Chain Reaction (qPCR). CAE treatment significantly improved the motor performance of METH-treated rats as evaluated on vertical pole test and narrow beam test. Gene expression showed that upregulation of SOD2 and miR-34a, suggest mechanism by which CAE exerts its neuroprotective mechanisms against METH-induced neurotoxicity. In conclusion, therefore we postulate that CAE could be promising neuroprotective effects in *in vitro* and *in vivo* rat model of METH-induced neurotoxicity.

## ACKNOWLEDGEMENT

In the name of Allah, the Most Gracious and the Most Merciful.

Firstly, all praise and thanks to ALLAH S.W.T the Almighty, for giving me the blessing, the strength, the opportunity and endurance to complete my master thesis. I want to praise and thank Him for helping me to overcome all obstacles and challenges throughout this master project. Alhamdulillah.

First and foremost, final outcome from this project required a lot of guidance and support from many people. I would like to express my deepest and sincere gratitude to my main supervisor, Dr. Mohd Shihabuddin Bin Ahmad Noorden. My sincere thanks also goes to Mrs Mazatulikhma Mat Zain as my co-supervisor, whose have invested her full effort and commitment along this master project especially in cell culture technique and animal work.

Further I would also like to acknowledge with much appreciation to all administrative staffs and technical supports especially in Faculty of Pharmacy, UiTM, Institute of Science (IOS), Atta-ur-Rahman Institute of Natural Product Discovery (AuRIns), UiTM and Laboratory Animal Facility and Management (LAFAM), UiTM. In addition, thank you to the Institute of Research and Management and Innovation (IRMI), UiTM and Ministry of Health (MOH) for administrative supports and continuous co-operation also to the Ministry of Agriculture (MOA) for giving me an opportunity to do this project duly. I greatly appreciated the NKEA Research Grant Scheme (NRGS) funding grant received towards this project.

Last but not the least no man is an island, and neither am I. I would not be where I am without my lovely family and friends. Thank you to my beloved husband, Fadzly Shah Bin Mohd Ali for his continuous support and encouragement throughout my study. To my adorable sons, Faidh and Faidhi for being my inspiration.

# TABLE OF CONTENTS

|   | <b>Page</b> |
|---|-------------|
| <b>CONFIRMATION BY PANEL OF EXAMINERS</b> | <b>ii</b>   |
| <b>AUTHOR'S DECLARATION</b>               | <b>iii</b>  |
| <b>ABSTRACT</b>                           | <b>iv</b>   |
| <b>ACKNOWLEDGEMENT</b>                    | <b>v</b>    |
| <b>TABLE OF CONTENTS</b>                  | <b>vi</b>   |
| <b>LIST OF TABLES</b>                     | <b>x</b>    |
| <b>LIST OF FIGURES</b>                    | <b>xi</b>   |
| <b>LIST OF SYMBOLS</b>                    | <b>xiii</b> |
| <b>LIST OF ABBREVIATIONS</b>              | <b>xiv</b>  |
| <b>LIST OF NOMENCLATURE</b>               | <b>xvii</b> |
| <br>                                      |             |
| <b>CHAPTER ONE: INTRODUCTION</b>          | <b>1</b>    |
| 1.1 Research Background                   | 1           |
| 1.2 Problem Statement                     | 3           |
| 1.3 Objectives                            | 3           |
| 1.4 Significance of Study                 | 4           |
| <br>                                      |             |
| <b>CHAPTER TWO: LITERATURE REVIEW</b>     | <b>5</b>    |
| 2.1 Drug Abuse                            | 5           |
| 2.2 Chemistry of METH                     | 6           |
| 2.3 History of METH                       | 7           |
| 2.4 Clinical Pharmacokinetics of METH     | 8           |
| 2.5 Molecular Pharmacology of METH        | 8           |
| 2.6 Effects of METH                       | 10          |
| 2.6.1 Behavioural Effects                 | 10          |
| 2.6.2 Physiological Effects               | 10          |
| 2.6.3 Addiction and Abuse                 | 10          |