

**FACTORS THAT INFLUENCES JOB STRESS AMONGST NURSES AT HOSPITAL
SULTAN ABDUL HALIM, SUNGAI PETANI, KEDAH (HSAH)**

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DECLARATION

I hereby declare that the work contained in this research proposal is my own except those which have been duly identified and acknowledged. If I am later found to have plagiarized or to have committed other forms of academic dishonesty, action can be taken against me under the Academic Regulations of UiTM's.



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ABSTRACT

This study was made to look at the factors that influences job stress Hospital Sultan Abdul Halim, Sungai Petani Kedah (HSAH). HSAH is chosen because it is a hospitals with nurses serving in various departments and providing health services to the surrounding people, especially the people of HSAH. Therefore, the main objective of this study is to know the relationship between factors that influences job stress among nurses at HSAH. The three independent variables relying is emotional exhaustion, work overloads, role ambiguity and role conflict. The second objective of this study was to determine the most dominant factor that influences job stress amongst nurses HSAH. Descriptive studies have been chosen as designs and study methods. A total of 254 questions were distributed to nurses the 16 wards at HSAH. An analysis of this study covers the percentage test of the demographic profile respondents, Reliability Test, Pearson Correlation test, Multiple Regression Test and Analysis of One Way Variants (ANOVA). The findings show that there are significant relationship between the dependent variable and the fourth variables independent of where role ambiguity are the most important factor that influence to job stress among HSAH nurses. Based on the results of the study, the researcher concludes that factors related to emotional exhaustion, work overloads, role ambiguity and role conflict are the main cause of job stress among nurses working in HSAH. For future research, researcher suggested that focus on the comparison between the public hospital and private hospital.

Keywords: *Nurse, Job Stress, Emotional Exhaustion, Work Overloads, Role Ambiguity, Role Conflict*

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