

**UNIVERSITI TEKNOLOGI MARA**

**TEST TAKING STRATEGIES  
AMONG ADULT LEARNERS**

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A Dissertation submitted in partial fulfillment of the requirements  
for the degree of Bachelor of Education (TESL)  
Faculty of Education  
November 2010

## ACKNOWLEDGEMENT

*In the name of Allah, The Most Gracious and The Most Merciful*

Thanks be to Allah for the completion of this Academic Writing.

I am indebted to many people without whom this research would have been impossible.

I wish to express my deepest gratitude to my supervisor Miss Mazni binti Muslim for her constant help, encouragement and painstaking reading of the proposal, drafts and the final copy of this research.

A very special thanks to my family especially my beloved husband Che Azhar bin Abdul Rahman whose love, support and patience have lessen my stress throughout the preparation of this research. To my children Bainun and Danish: may this inspire you.

Also a big thank you goes to my colleagues Razalina, Hairunnisa, Sharatur Ainor, Nooraya and Noraini who have helped me a lot by giving me their endless support and encouragement whenever I need them.

Last but not least, I am very grateful to all the respondents from B. Ed. TESL from Open University Malaysia, Kelantan and B. Ed. TESL from Universiti Teknologi Mara (UiTM), Dungun Campus who are willing to involve in this study. They have provided me detailed data and great cooperation in completing this research.

May Allah bless all of you.

## ABSTRACT

The B. Ed. TESL Out Campus Programme and Distance Learning Programme consists of adult learners of different ages taking part-time degree in B. Ed. TESL. Most of them are working and they have to balance their time between job, class hour, family commitment and social obligations. Thus, these adult learners experienced a certain level of anxiety especially when facing tests and examinations. Individual differences in term of ability level, age, experience and attitudes also called for different preferences for methods of instruction and different strategies in learning styles and preparation for tests and examinations.

The purpose of the study is to determine the strategies adopted by adult learners in preparing for tests. Data for this study was only gathered from questionnaires. The results of the study indicated that there are many gaps between adult learners from Open University Malaysia, Kelantan (OUM) Distance Learning Programme and from Universiti Teknologi Mara Terengganu (UiTM), Dungun Campus. A great emphasis on class attendance is stressed on UiTM students compared to OUM students. This is because OUM students have to attend the class twice in a fortnight while for UiTM students, it is compulsory for them to attend the class every weekend.

The study also reveals that high number of respondents from both universities experienced a high level of anxiety when preparing for tests. Yet, they do have a positive attitude towards tests and assume that test is very important that can help them to prepare for their final examinations. Even though the adult learners do put an effort in preparing for tests and examinations, it is observed that they still need some guidance and assistance especially in adopting learning strategies.

# TABLE OF CONTENT

<b>AKNOWLEDGEMENT</b>	<b>i</b>	
<b>ABSTRACT</b>	<b>ii</b>	
<b>LIST OF APPENDICES</b>	<b>iii</b>	
<b>LIST OF TABLES</b>	<b>iv</b>	
<b>CHAPTER I – INTRODUCTION</b>		
1.0	Introduction	1
1.1	Background of the study	2
1.2	Statement of problem	3
1.3	Research Objectives	4
1.4	Research Questions	5
1.5	Significance of the study	5
1.6	Scope of the study	6
1.7	Limitation of the study	6
1.8	Definition of Terms	7
<b>CHAPTER II – LITERATURE REVIEW</b>		
2.0	Literature Review	8
2.1	Introduction	8
2.2	Adult Learners	9
2.3	Characteristics of adult learners	11
2.4	Learning strategies of adult learners	14

2.5	Tests and test-taking strategies among adult learners	17
2.6	Attitude of adult learners towards tests/examinations	20
2.7	Conclusion	21

### **CHAPTER III – RESEARCH DESIGN AND METHODOLOGY**

3.0	Research and Methodology	22
3.1	Introduction	22
3.2	The Population	22
3.3	The sample	23
3.4	Methodology	23
3.5	The instruments	24
3.6	Data Collection Procedure	25
3.7	Data Analysis	25
3.8	Conclusion	25

### **CHAPTER IV – PRESENTATION AND ANALYSIS OF DATA**

4.0	Results and Discussion	27
4.1	Introduction	27
4.2	Population and sample	27
	Respondents for the study	28-58
	Results of Research Question I	59
	Findings of Research Question I	59
	Results of Research Question II	60