



**FACTORS THAT INHIBITING STUDENTS' READING HABITS :  
A CASE STUDY AMONG FORM ONE STUDENT IN SEKOLAH MENENGAH SAINS DUNGUN,  
TERENGGANU**

NURUL FATINI RUSLAN

2007243924

BACHELOR OF EDUCATION (HONS) TESL  
FACULTY OF EDUCATION  
UNIVERSITY TEKNOLOGY MARA  
DUNGUN, TERENGGANU

## ACKNOWLEDGEMENTS

First and foremost, *ALHAMDULILLAH* to the Almighty Allah s.w.t. for giving me the strength, both mentally and physically to complete this thesis.

With a deep sense of gratitude, I wish to express my sincere thanks to the following caring individuals for their enormous support and help in completing this thesis. Their care was not only seen in their smiles and empathetic approaches, but also in their questions and inquiries. These questions made me think and learn more, and without them, this thesis would not have been completed.

My sincere thanks are due to my research supervisor, MR Rozlan who constantly encouraged me to look at things from different perspectives, to search for knowledge and to succeed. I will always be grateful for all his support, assistance and insightful comments I received during my study.

Many thanks go to my participants who gave so generously of their precious time to work with me. I learned a lot from them about beliefs, instructional contexts and practices.

Last but not least, my special word of thanks to my parents and my lover for their inspiration and unwavering moral support they provided throughout my research work. Their love, support and understanding have enabled me to persevere in this long journey. They have been my utmost source of solace. This thesis is dedicated to my parents and my lover.

Thank You.

## 1.0 Introduction

Generally speaking, reading is considered one of the most preferred leisure activities compared to playing computer games or surfing the Internet. Through reading, students will definitely be more knowledgeable. Students need to inculcate reading habits. The role of reading is growing along with society's scientific-technological and cultural progress. Reading is considered to be one of the optimum means for training the mind to think critically. Reading is acknowledged not only as a language skill, but also as a means of educating and developing an individual and society. Reading is one of the most important components of our language and it is an essential tool for a life long learning for students. Reading helps an individual to learn all the other areas of the school curriculum and proves vital for learning.

Though reading books, many get confirmations or rejections of their own ideas which make them think more critically about the rights and wrongs in the society. Thus, books can provide people with a sense of values, which can gradually enable them to develop what is perhaps the greatest of all virtues — the ability to understand rather than to condemn. A good reading habit is necessary for a healthy intellectual growth. The reading habit, therefore plays a very crucial role in enabling a person to achieve practical efficiency. One of the reasons for the decline of the reading habit interest has been attributed to the failure of educational instructions in schools to cultivate permanent interest in students to read.

## TABLE OF CONTENTS

Declaration of Original work

Dedication

Acknowledgements

### CHAPTER ONE: INTRODUCTION

1.0 Introduction .....	1- 3
1.1 Statement of the Problem.....	4
1.2 Purpose of the study .....	5
1.3 Research objectives .....	5
1.4 Research Questions .....	5
1.5 Significance of the study .....	6
1.5.1 The teachers .....	6
1.5.2 School administrators .....	6
1.5.3 The students .....	7
1.6 Limitations of the study.....	7
1.7 Operational definitions .....	8

## CHAPTER TWO : LITERATURE REVIEW

2.0 Introduction .....	9
2.1 Motivation in reading .....	10-11
2.2 The difference between Extensive Reading and Intensive reading.....	12
2.2.1 Intensive reading .....	12
2.2.2 Extensive Reading.....	13- 15
2.3 Independent reading .....	16 - 17
2.4 Reading Readiness .....	18 -19
2.5 Leisure Reading.....	20
2.6 The factors inhibiting students' reading habits in English.....	21
2.6.1 Lack of motivation .....	21- 22
2.6.2 Peers .....	23
2.6.3 Role of the teacher .....	24
2.6.4 Family background .....	25
2.6.5 Lack of reading material.....	26