## UNIVERSITI TEKNOLOGI MARA

# PERCEPTION AND PRACTICE OF PREOPERATIVE TEACHING AMONG NURSES IN UITM MEDICAL SPECIALIST CENTRE

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Final year project submitted in fulfillment of the requirements for the degree of

**Bachelor of Nursing (Hons) Faculty of Health Sciences** 

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### **AUTHOR'S DECLARATION**

We declare that the work on this final year project was carried out in accordance with the regulations of Universiti Teknologi MARA (UiTM) and had followed UiTM guidelines for research writing on final year project 2012. This is our own project and the result of our findings, unless otherwise indicated or acknowledged as referenced work. This write-up has not been submitted to any other academic institution or non-academic institution for any other academic award.

If our research paper is found to violate the conditions stated above, we voluntarily waive the right of conferment of our degree and agree to be subjected to the disciplinary rules and regulations of Universiti Teknologi MARA.

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### **ABSTRACT**

The aim of the study is to examine the perception and practice of preoperative teaching among nurses in UiTM Medical Specialist Centre, in the finite contact of time nurses have with patients is now boundless and produces a challenge for nurses to equip patients the preoperative teaching and factors that might be affecting their provision of such teaching to patients that undergo surgery. Although nurses act as critical educators in patient teaching, little is known about their perception of the importance of preoperative education, or about current practice in the provision of such teaching for surgical patients. In this study, a self-administered questionnaire containing a demographic data sheet and a preoperative teaching questionnaire (PTQ) was used. The questionnaire was adapted from Mordiffi et al. (2003), which consist of 3 parts. Part A: Demographic data (5 items), part B: Perception of nurses (2 tables comprised of 17 items evaluated using the Likert scale), part C: Preoperative patient teaching (3 tables and four questions consist of 24 items valued using the Likert scale). Previous study statement that shown disparity exist is differ to our findings that shows the relationship between perception and practice of nurse was good. In this study shown, most nurses found that the body language of patient, the type of questions patients ask and the language that the patient speaks were the top three factors affecting their practice. The abundant call of duty and finite workforce were believed to also influence nurses' delivery of preoperative patient teaching. The results improving the effectiveness of such teaching to enhance the care for surgical patients and emphasize the relevance of evaluating current preoperative teaching strategy.