

UNIVERSITI TEKNOLOGI MARA

**ANTIMITOTIC ACTIVITY OF *Averrhoa bilimbi* L.
(BELIMBING BULUH) FRUITS EXTRACT
IN *Allium cepa* ROOT CELLS**

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Project submitted in fulfilment of the requirements for
the degree of
**Bachelor in Medical Laboratory Technology
(Hons.)**

Faculty of Health Sciences

July 2019

DECLARATION BY STUDENT

“I hereby declare that this thesis is based on my original work and has not has been submitted previously or currently for any other degree at UiTM or any other institutions.”

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940622-10-5588

Date: July 2019

ACKNOWLEDGEMENTS

First and foremost, praises and thanks to Allah, the Almighty, for His showers of blessings and for making everything goes smoothly throughout my research.

I would like to express my deep and sincere appreciation to my supervisor, Encik Zed Zakari bin Abdul Hamid for giving me the golden opportunity to do this project and providing priceless guidance throughout this research. His enthusiasm, vision, genuineness and motivation have deeply inspired me. It was a great pleasure and honor to do this project under his guidance. I am tremendously grateful for what he has offered me. Special recognitions also dedicated to Dr. Khairil Anuar Bin Md. Isa, our biostatistician, for guiding and giving us the best solution regarding analysing data.

From the bottom of my heart, I would like to thank to all the laboratory staffs in UiTM, Kampus Puncak Alam for the assistance and never ending support during this whole journey. I would also like to give an appreciation to my beloved parents; Mohd Sharulzaman Bin Mohd Isa and Siti Aminah Binti Abdul Rahman for their sacrifices, loves, cares and critics for me to pursue my dreams.

Finally, special thanks to everyone who helped and contributed directly or indirectly in making this final year project a fabulous success.

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ABSTRACT

Throughout the years, the number of medically certified cancer keeps on increasing making cancer as the third leading cause of premature death in Malaysia. An antimetabolic agent is a type of drug that inhibits cell growth by preventing mitosis and is used to cure cancer. In previous studies, *Averrhoa bilimbi* fruits have been proved to have many antioxidants compounds making it useful in many ways to treat disease. There are numerous studies on the phytochemical screening of *A. bilimbi* fruits. However, there is still no report concerning the antimetabolic activity of *A. bilimbi* fruits. Hence, in present study, potential antimetabolic activity of aqueous and methanol extract of *A. bilimbi* fruits in three different concentrations (20 mg/ml, 30 mg/ml, 40mg/ml) was measured in actively dividing *Allium cepa* root tip cells, and compared with the negative control (distilled water). The *A. cepa* roots were immersed in the aqueous and methanol extract of *A. bilimbi* fruits for 72 hours. One thousand cells per replicate were observed microscopically to calculate the percentage of mitotic index (MI). A one-way ANOVA showed that there was a significant decrease in the mitotic index (MI) of aqueous and methanol extract on the mitotic activity ($p < 0.001$) of *A. cepa* roots. Between all groups, 40 mg/ml of methanol extract yields the lowest percentage of mitotic index (7.78%). The antimetabolic activity of *A. bilimbi* may be due to its potential antioxidant properties particularly by the main role of phytochemicals. In conclusion, both aqueous and methanol extract shows antimetabolic activity against actively dividing cells. This finding suggests that *A. bilimbi* fruits may be a new candidate for cancer treatment. Thus, further study needs to be conducted to determine the anticancer potential.

Keywords: *Averrhoa bilimbi*, Antimetabolic, *Allium cepa* assay, Mitotic Index