UNIVERSITI TEKNOLOGI MARA

PHYSICOCHEMICAL ANALYSIS OF GELAM HONEY

NUR NAPISYAH BINTI MD RUDZI

Project submitted in fulfillment of the requirements for the degree of Bachelor in Medical Laboratory Technology (Hons.)

Faculty of Health Sciences

July 2019

DECLARATION BY STUDENT

Project entitled "Physicochemical Analysis of Gelam Honey" is a presentation of my original research work. Whenever contributions of others are involved, every effort is made to indicate this clearly, with due reference to literature, and acknowledgement of collaborative research and discussions. The project was done under the guidance of Project Supervisor, En. Norhisham Bin Haron. It has been submitted to the Faculty of Health Sciences in partial fulfillment of the requirement for the Degree of Bachelor in Medical Laboratory Technology (Hons).

Student's signature:

.....

(Nur Napisyah binti Md Rudzi)

2015664226

960207-05-5454

Date:

ACKNOWLEDGEMENT

In the name of Allah, The Most Gracious, The Most Merciful.

Bismillahirrahmanirrahim. Alhamdulillahi rabbil 'alamin, all praises and thanks to Allah SWT for His blessings to all the strength that given for me for finishing this research successfully.

I would like to thanks and appreciates my supervisor, En. Norhisham Haron and also my co-supervisor, Dr Zolkapli Eshak from Faculty of Pharmacy for their supports, opinions and also the invaluable guidance.

My special thanks also to Pn. Anis Syamimi, post-graduate students, for her helps during this study. She helps me a lot for the technical part and also for the guidance in the instrumental part, as well as the laboratory techniques during performing all the laboratory works. I appreciate the Faculty of Pharmacy for supplying honey samples for this study. A lot of thanks also to my Final Year Project teammates, Nur Nadia Hani binti Norazmi, Siti Zainab binti Yahya, Nor Fazirah Rozali and Siti Solehah Abdullah Muzafar Shah for sharing information and support one another from beginning the project till it finished.

I am extremely thanks to my family, siblings and friends for the emotional support, their loves and prayers that very helps me in order for finishing this research. Lastly, special thanks to all the lecturers who had gave me the knowledge throughout my study of Bachelor in Medical Laboratory Technology for four years. Thank you.

TABLE OF CONTENTS

TITLE	PAGE
DECLARATION BY STUDENT	ii
INTELLECTUAL PROPERTIES	iii
APPROVAL BY SUPERVISOR	V
ACKNOWLEDGEMENT	vi
TABLE OF CONTENTS	vii
LIST OF TABLES	X
LIST OF FIGURES	xi
LIST OF ABBREVATIONS	xii
ABSTRACT	xiv
ABSTRAK	XV
INTRODUCTION	1
1.1 Background of the study	1
1.2 Problem statement	3
1.3 Objective of the study	3
1.3.1 General objective	3
1.3.2 Specific objectives	3
1.4 Significance of the study	4
LITERATURE REVIEW	5
2.1 Honey	5
2.2 Gelam honey	6
2.3 Benefits of Gelam honey	8
2.4 Physicochemical properties	9
2.4.1 Physical properties	9

ABSTRACT

The physicochemical properties of honey is strongly associated with their geographical origin, types of flower or fruit season and useful as an indicator for honey purity and quality. Gelam honey is produced by Apis mellifera, and obtained Melalucae cajupati plant or locally known as Gelam tree. The current study investigates the physicochemical properties of Gelam honey collected from Marang, Terengganu. Physicochemical properties of honey were evaluated using the Harmonized Methods of the International Comission (IHC). The texture analysis of honey were measured using back extrusion method while pollen analysis was determined using scanning electron microscope (SEM). Gelam honey was amber in color which the Pfund value is 33.38 ± 8.08 mm. The value of electrical conductivity (EC) is 0.84 ± 0.00 mS/cm, insoluble matter (0.62 ± 0.26 g/100g), ash content (0 g/100g) and diastase activity (8.30 ± 5.87 in Schade unit). The textural properties of Gelam honey; stickiness, stringiness, viscosity, cohesiveness, firmness and consistency of the honey were 3.64 ± 0.01 g , $13.14 \pm$ 0.03 mm, 377.67 \pm 4.51 mpa/sec, 497.06 \pm 0.72 g, 27.34 \pm 8.86 g, and 183.91 \pm 51.38 gsec respectively. The pollen analysis showed the presence of *Melaleuca* cajuputi, Mimosa pudica, Elaeis guineensis and an unidentified pollen. In conclusion, the fndings obtained from physicochemical and pollen analysis indicate that Gelam honey from Marang is a good quality honey.

Keywords: Physicochemical, Honey, Gelam, Pollen analysis, Textural properties.