



FACULTY OF MUSIC
UNIVERSITI TEKNOLOGI MARA

MUF655
RESEARCH PROJECT

Determinant of Bad Practice Habit among Beginner Brass Player

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DECLARATION OF AUTHORSHIP

I declare that the work in this proposal is the outcome of my own work, yet with couple of uncommon cases, on the considerations and frameworks, which I have clarified their advantages. This theory altogether has not recognized for any degree and meanwhile isn't submitted as candidature for any degree to some other foundation or non-academic association.

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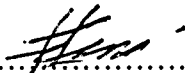
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ABSTRACT

Practice for brass player is very important in order to achieve greater result in playing their instrument. Beginner brass player tend to develop bad habit of practicing. It is because the knowledge of beginner player is limited compared to player that have greater experience in playing. From this study, the researcher tries to depict what the professional player do in order to improve their practice session. By knowing what the professional player did, the researcher can provide a recommendation for the beginner to have an idea on how to start their practice effectively. This research also investigates the techniques the professional players used in their regular practice so that it can also be the regular practices for the beginner brass player.

CHAPTER 1: INTRODUCTION

1.1 BACKGROUND OF STUDY

Practice is an inherently a private act where human being developed their fundamental skill. As stated by Harnum, J. D. (2013), practice enables us to continue learning throughout life. To be in the world is to practice. A baby stumbling about on chubby legs is practicing, as is the toddler attempting to make the “r” sound, as is the grandmother taking up the piano at age 72, or the teenage guitarist struggling to master barre chords.

Practice habit of musical instrument in general, is the behaviour of the instrumentalist during preparation to get better result in achieving tone production, intonation, and technical development. In term of brass playing, beginner brass player has the tendency to practice without really know and understand what they were doing. It is due to lack of exposition and guidance on how to practice with correct method. It is reported by McPherson and Renwick (2001) that, a beginner instrumentalist often plays through material from top to bottom without recognizing or stopping for errors. During practice session, university level student tends to be lacking of awareness of their own habit during practices. It is important for the beginner to have the initiative to improve themselves by record every practice session. The result of every session can be used to find own strength and weakness. The relationships found among observed practice behaviors, self-reported practice habits, and performance achievement scores have important implications for theoretical conceptions of deliberate practice (Lehmann & Ericsson, 1997).

Most students will feel frustrated at one time or another, especially once the initial excitement has worn off and the realization has set in that learning to play a musical instrument requires practice and effort. Also, when beginner start to practice with private teacher, they frequently to felt anxiety, depression, guilt or irritation reported by Brown M. J. (1996). Attitude is one of the important element in developing a good practice habit. From a good attitude, musician can already decide which area that need to be fix and the priority in music practice. Intentionally spectrum is a kind of practice that have a strong intention, similar to anyone who looking